

FROM THE HOS' DESK

"With a graceful wielding of the pen, we unravel words that hold the power to unravel worlds."



It fills me with great pleasure to unveil this year's first issue of *Spectrum*, a manifestation of the aesthetic appreciation and creative ingenuity of our students. The web of the ordinary and the extraordinary comes to a confluence as our learners interweave their co-scholastic aptitude with their linguistic prowess and awareness of the world. Upholding high standards for commitment towards values and experiential learning in the school, we strive to groom our students into meritorious achievers in all fields. I am delighted to witness success of our students who have always been the epitome of excellence, and this year's stupendous results of Class X and Class XII are a testament to their unwavering commitment towards academic excellence. This newsletter is also an initiative to enable our ever-blossoming parent-community to be apprised about our endeavours into collaborative learning.

This issue of our newsletter shows all your endeavours in a microcosm-your efforts, fluidity of thoughts and creativity. It is a collaborative work which speaks of the passion and perfection that went into its making. This quarterly souvenir captures the world through the eyes of our students, fanned and polished by their mentors. An admirable montage, crafted by our prolific and profound students, awaits you as they enlighten us with their distinctive perspective on the world, contemporary issues, and their blooming lives.

With this, I would like to extend my heartfelt congratulations to the Editorial Committee for bringing the first issue of Spectrum together. Hope it helps to bring you joy!

Regards

Dr. Priti Saxena



A SHINING CONSTELLATION OF BRILLIANCE ON DISPLAY AT AADHARSHILA VIDYAPEETH AS SCHOOL UNCEASINGLY RECEIVES PRESTIGIOUS AWARDS.





KUDOS TO THE CHAMPS FOR EXCEPTIONAL PERFORMANCE. LET'S CHERISH THE MOMENT WITH THE GLIMPSES OF THIS MASSIVE FEAT





AADHARSHILA VIDYAPEETH BAGS
THE III CHAMPIONSHIP



Under the categories of Sub-Junior (Boys and Girls) and Junior (Boys and Girls)

"The potential for greatness lives within us all."
G20 CONCLAVE, May 6,2023
organised under the aegis of India's G20 Presidency
at Gandhi Smriti,
Tees January Marg, New Delhi

III POSITION

Aadharshilians outshine amongst 68 schools





School Enterprise Challenge under the programme Tech a Man to Fish-2022-23 organised by The Saville Foundation

Bronze Award



BRONZE LEVEL AWARD

This is awarded to **Bubble Bliss** from **AADHARSHILA VIDYAPEETH**

For planning, setting up and running an innovative school business and achieving the Bronze Level Award in the School Enterprise Challenge 2022.







5/30/2023 8.41.38



5/50/2023 8:47:41







"Delhi State Volleyball Championship" Under 19 years Boys Organised by DOE Date: 28-31 December, 2022

FIRST POSITION







GLORIOUS MOMENTS

A Shining Constellation of Brilliance on display at school as Aadharshila Vidyapeeth celebrates the grade XII & X CBSE Board Results(2022-23).

Let's unleash an explosion of applause for all our extraordinary stars for their sterling result, as their academic journey has reached celestial heights, and their achievements are truly stellar!

Let's embrace this moment of triumph as a launching pad for our students' future endeavours. As they embark on new horizons, they must remember that their boundless potential knows no limits.

'Reach for the stars, chase your dreams, and let your aspirations soar higher'.

Heartiest congratulations to all the students!

Kudos to the Champs for their Exceptional Performance.
Let's Cherish the moment with the glimpses of this massive feat





CLASS XII (2022-23)

A STELLAR PERFORMANCE AT CBSE BOARD RESULTS

SCIENCE TOPPER

NITYE GUPTA



Science Topper 97.6%
English 97
Mathematics 99
Physics 95
Chemistry 98
Informatics Practices 99

Hear it from the stalwart:

"I've been at this school for 14 years and can proudly say that there's nowhere else I'd rather be. It has been a journey full of learning, memories and growth. From stepping into Aadharshila Vatika to stepping out of Aadharshila Vidyapeeth for the final time, I've met so many amazing people - friends and teachers who've shaped me into the person I am. I would like to thank all the teachers who've taught me all these years and made me a better student and I would like to thank this school for being my second home and a place where I could be the best version of myself.

To my juniors I would like to say that these are the golden years of your life. So, keep working hard to be all you want to be. Thank you Aadharshila Vidyapeeth, it's been a good ride! "





CLASS XII (2022-23)

A STELLAR PERFORMANCE AT CBSE BOARD RESULTS

COMMERCE TOPPER

ANUSHKA GOEL



Commerce Topper	97.8%
English	97
Business Studies	100
Accountancy	99
Economics	95
Mathematics	98

Hear it from the stalwart:

"I have studied in Aadharshila Vidyapeeth since pre-school. My successful achievement to secure the first place in school in XII CBSE Board results is due to the kind cooperation and the thorough guidance of my teachers. My whole school journey was full of new experiences and learnings. Aadharshila Vidyapeeth has not only helped me to excel in academics but also made me a better person as an individual.I am proud to be called as Aadharshilian!"



STAR RANKERS MERITORIOUS STUDENTS

CLASS XII 2022-23

Meritorious Students Science



ANSH GOEL

97.4 %



VANSHIKA AGGARWAL

95.8 %



ASHIKA JAIN

95.8 %



ABHIMANYU RAJPUT **95.8 %**



HRIDYANSH GUPTA **94.4** %



AYUSH KAUSHIK

94.2 %



MANAS GULATI

93.8 %



BHUMII KALRA

93.6 %



JATIN BAJAJ **92.6 %**



GITANSH GUPTA 91.6 %



SHAAMBHAVI SHARMA 90.6 %



PALAK WADHWANI

92 %

STAR RANKERS
MERITORIOUS STUDENTS

2022-23

Meritorious Students Commerce



ANUSHKA GOEL

97.8 %



97.6 %



97.2 %



MAANAV GUPTA
96.4 %



BHUMIKA GOYAL 94.8 %



AAKSHET GUPTA

94.4 %



YASHVI JAIN
94.2 %



SIDDHARTH WADHWA



DHWANIKA AGGARWAL

93.6 %



AARNA TYAGI
93.2 %



HIMANSHI GUPTA

93.2 %



92.6 %



SHARVI GUPTA
91.8 %



SHREYANSH KANSAL 91.0 %



MADHAVI 90.4 %



KOMAL PREM-CHANDANI

90.2 %



PRANJAL AGGARWAL

90.0 %

CLASS XII

100/100 SCORERS

2022-2023

••• LETS HEAR IT FROM THE STALWARTS



ANUSHKA GOEL

BUSINESS STUDIES

Never doubt your ability to succeed. Scoring good in each & every test or examination is important, but never miss out any chance to be a part of other activities and competitions too.

All the best to the Juniors!!

PALAK WADHWANI

INFORMATICS PRACTICES

I extend my heartfelt gratitude to my teachers and school for their unwavering support and guidance, as I graduate school with great marks. Thank you for helping me achieve my academic goals and shaping my future.



ANSH GOEL INFORMATICS PRACTICES & MATHEMATICS

The ups and downs in our lives are what make them interesting. Among these variables, hardwork and support from our fellow ones is the only constant to rely upon. I would like to thank all my teachers and peers for their unending support throughout this journey. "There are no shortcuts, hardwork and persistence is the only road to success"

INFORMATICS PRACTICES

ABHIMANYU RAJPUT

The values and traditions of my school have shaped me into the person I am today. My teachers, thank you for believing in me, encouraging me, and challenging me to reach my full potential. I am forever grateful for your unwavering support. To my juniors, embrace every opportunity!!



2022-23

s.no.	STUDENT NAME	MARKS IN ENGLISH
1	BHUMII KALRA	98
2	DHRUV JAIN	97
3	ANUSHKA GOEL	97
4	BHUMI AGGARWAL	97
5	VANSHIKA AGGARWAL	97
6	ASHIKA JAIN	97
7	NITYE GUPTA	97
8	BHUMIKA GOYAL	96
9	AARNA TYAGI	96
10	SHAAMBHAVI SHARMA	96
11	NISCHAY VERMA	96
12	PALAK WADHWANI	96
13	ANSH GOEL	96
14	MANAS GULATI	96
15	ABHIMANYU RAJPUT	96
16	DHRITI GOEL	96
17	RAGHAV GARG	95
18	NAVIYA WADHWA	95
19	JATIN BAJAJ	95
20	ARYAN GUPTA	95

s.no.	STUDENT NAME	MARKS IN PHYSICS
1	HRIDYANSH GUPTA	99
2	VANSHIKA AGGARWAL	95
3	BHUMII KALRA	95
4	ASHIKA JAIN	95
5	NITYE GUPTA	95
6	JATIN BAJAJ	95
7	ANSH GOEL	95
8	MANAS GULATI	95

S.NO.	STUDENT NAME	MARKS IN CHEMISTRY
1	NITYE GUPTA	98
2	ANSH GOEL	96
3	VANSHIKA AGGARWAL	95
4	ASHIKA JAIN	95
5	HRIDYANSH GUPTA	95
6	AYUSH KAUSHIK	95
7	ABHIMANYU RAJPUT	95

2022-23

s.no.	STUDENT NAME	MARKS IN BIOLOGY
1	VANSHIKA AGGARWAL	95
2	ASHIKA JAIN	95
3	BHUMII KALRA	94
4	SHAAMBHAVI SHARMA	94

S.NO.	STUDENT NAME	MARKS IN ECONOMICS
1	BHUMI AGGARWAL	99
2	DHRUV JAIN	98
3	MAANAV GUPTA	98
4	AKSHET GUPTA	96
5	SIDDHARTH WADHWA	96
6	ANUSHKA GOEL	95
7	HIMANSHI GUPTA	95
8	SHARVI GUPTA	95

S.NO.	STUDENT NAME	MARKS IN MATHS
1	ANSH GOEL	100
2	NITYE GUPTA	99
3	DHRUV JAIN	98
4	ANUSHKA GOEL	98
5	YASHVI JAIN	97
6	HIMANSHI GUPTA	97
7	DHWANIKA AGGARWAL	96
8	AKSHET GUPTA	95
9	BHUMIKA GOYAL	95
10	MAANAV GUPTA	95
11	BHUMI AGGARWAL	95
12	SHREYANSH KANSAL	95
13	HRIDYANSH GUPTA	95
14	AYUSH KAUSHIK	95

2022-23

S.NO.	STUDENT NAME	MARKS IN IP
1	PALAK WADHWANI	100
2	ANSH GOEL	100
3	ABHIMANYU RAJPUT	100
4	MADHAVI	99
5	DAKSH GARG	99
6	KHUSHI KOHLI	99
7	GITANSH GUPTA	99
8	NITYE GUPTA	99
9	JATIN BAJAJ	99
10	AYUSH KAUSHIK	99
11	TEJAS NASA	98
12	TANISH LALWANI	97
13	VANSHIKA AGGARWAL	97
14	PALAK JOSHI	97
15	ASHIKA JAIN	97
16	TEJASWA HINDUJA	97
17	MANAS GULATI	97
18	PALAK GUPTA	97
19	ANSHIKA GUPTA	96
20	SHARVI GUPTA	96
21	TANISHQ JOSHI	96
22	KASHISH GANGWANI	96
23	KESHAV GUPTA	96
24	HEMANK GULATI	96

S.NO.	STUDENT NAME	MARKS IN IP
25	NAVIYA WADHWA	96
26	MEHUL KAUSHIK	96
27	HITEN JINDAL	96
28	TANISHQ JAIN	95
29	KHUSHI GARG	95
30	ILESHA AGGARWAL	95
31	KUSHAGER RAHEJA	95
32	SANVI JAIN	95
33	NISCHAY VERMA	95
34	HRIDYANSH GUPTA	95
35	HARSHITA BANGIA	95
36	VIVANK SINGH KUSHWAHA	95
37	DHRITI GOEL	95

2022-23

S.NO.	STUDENT NAME	MARKS IN ACCOUNTANCY
1	ANUSHKA GOEL	99
2	BHUMI AGGARWAL	99
3	AKSHET GUPTA	97
4	MAANAV GUPTA	97
5	DHRUV JAIN	95
6	YASHVI JAIN	95
7	BHUMIKA GOYAL	95
8	DHWANIKA AGGARWAL	95
9	JANHAVI SETHI	95
10	HIMANSHI GUPTA	95
11	SHREYANSH KANSAL	95
12	SIDDHARTH WADHWA	95

S.NO.	STUDENT NAME	MARKS IN BUSINESS STUDIES
1	ANUSHKA GOEL	100
2	MAANAV GUPTA	99
3	SIDDHARTH WADHWA	99
4	AKSHET GUPTA	98
5	DHRUV JAIN	98
6	BHUMI AGGARWAL	98
7	PRANJAL AGGARWAL	98
8	YASHVI JAIN	97
9	SHREYANSH KANSAL	97
10	BHUMIKA GOYAL	96
11	CHARVI SETHI	96
12	HIMANSHI GUPTA	96
13	DHWANIKA AGGARWAL	95
14	MADHAVI	95





CLASS: XII

TOTAL NUMBER OF STUDENTS APPEARED 152

Distinctions:

English: 111/152

Mathematics: 47/77

Informatics Practices: 99/111

Business Studies: 58/110

Accountancy: 43/110

Economics : 58/110

Biology: 05/06

Physics: 31/42

Chemistry: 30/42





CLASS X 2022-23

School Toppers



PALAK JAIN
>>> 95.4 %



TANYA GARG >>> 95.2 %



DEEKSHA SEHRAWAT >>> 95.2 %



ANANYA VERMA >>> 94.6 %



CLASS X 2022-23

STAR RANKERS

MERITORIOUS STUDENTS



ASHMITA GERA >>> 94.2 %



SGAR ARORA >>> 94.2 %



KARANDEEP SINGH >>> 94 %



VIHAN GUPTA >>> 94 %



KASHVI SINGH >>> 93.8 %



VANYA MALHOTRA >>> 93.8 %



TAMANA >>> 93 %



BHAVI JAIN >>> 92.8 %



NIKUNJ BHATIA >>> 92.6 %



GUNISH JAIN >>> 92.6 %



>>> 92.6 %



MANSI MEDIRATTA SHIVANSH BAJAJ >>> 92.4 %



SUHANI GOEL >>> 92.2 %



PRACHI ARORA >>> 91.8 %



PALAKSHA >>> 91.8 %



SEERAT TALWAR >>> 91.6 %



NICKS GUPTA >>> 91.4 %



ANSHIKA >>> 91.4 %



NANDINI GUPTA >>> 91 %



RACHIT MALIK >>> 91 %



NAVYA KHURANA >>> 90.8 %



>>> 90.6 %



AKSHAY SEHGAL SAUNDHI AGGARWAL KASHIKA GUPTA >>> 90.6 %



>>> 90.4 %



RAGHAV GUPTA >>> 90.2 %



HEMA BALWANI >>> 90.2 %



CHHAVI >>> 90 %



GAGANDEEP SINGH >>> 90 %



RAUNAK SATIJA >>> 90 %



CLASS X 2022-23

100/100 SCORERS





ANANYA VERMA



VANYA MALHOTRA



CLASS X 2022-23

SUBJECT WISE TOPPERS (95% & above)

S. NO.	STUDENT NAME	MARKS IN HINDI
1	TAMANA	97
2	VIHAN GUPTA	96
3	GUNISH JAIN	96
4	AKSHAY SEHGAL	95
5	TANYA GARG	95
6	NICKS GUPTA	95
7	SEERAT TALWAR	95
8	CHHAVI	95
9	SHIVANSH BAJAJ	95
10	SGAR ARORA	95
=	DEEKSHA SEHRAWAT	95
12	PRACHI ARORA	95
13	VANYA MALHOTRA	95
14	MANSI MEDIRATTA	95

S. NO.	STUDENT NAME	MARKS IN ENGLISH
1	PALAK JAIN	97
2	PRACHI	96
3	SUHANI GOEL	96
4	ADITYA SAHOO	96
5	NAVYA KHURANA	96
6	KARANDEEP SINGH	95
7	PARNIKA KATHURIA	95
8	DEEKSHA SEHRAWAT	95
9	PALAKSHA	95



CLASS X 2022-23

SUBJECT WISE TOPPERS (95% & above)

S. NO.	STUDENT NAME	MARKS IN SOCIAL SCIENCE
1	VANYA MALHOTRA	100
2	PALAK JAIN	98
3	MANSI MEDIRATTA	98
4	ANANYA VERMA	97
5	NANDINI GUPTA	97
6	KASHVI SINGH	97
7	YASHIKA GUPTA	97
8	RACHIT MALIK	97
9	DEEKSHA SEHRAWAT	97
10	KARANDEEP SINGH	96
П	ASHMITA GERA	96
12	TANISHQ KANSAL	95
13	TANYA GARG	95
14	BHAVI JAIN	95
15	PRACHI ARORA	95
16	ADITYA SAHOO	95

S. NO.	STUDENT NAME	MARKS IN SOCIAL SCIENCE
17	ANSHIKA	95
18	RAUNAK SATIJA	95

S. NO.	STUDENT NAME	MARKS IN SCIENCE
1	BHAVI JAIN	96
2	PALAK JAIN	95
3	GAURANSH PAL	95
4	NIKUNJ BHATIA	95
5	TANYA GARG	95
6	ASHMITA GERA	95
7	TAMANA	95
8	RAUNAK SATIJA	95



CLASS X 2022-23

SUBJECT WISE TOPPERS (95% & above)

S. NO.	STUDENT NAME	MARKS IN MATHS
1	ANANYA VERMA	100
2	VIHAN GUPTA	99
3	TANYA GARG	97
4	AADYA SHARMA	97
5	RAUNAK SATIJA	97
6	TAMANA	96
7	KRISHNA MITTAL	96
8	AKSHAY SEHGAL	95
9	DAKSH GOEL	95
10	ANUBHAV	95
П	DIYA GOEL	95
12	NIKUNJ BHATIA	95
13	KASHVI SINGH	95
14	TANISHQ KANSAL	95
15	KARANDEEP SINGH	95
16	ASHMITA GERA	95

S. NO.	STUDENT NAME	MARKS IN MATHS
17	NICKS GUPTA	95
18	SEERAT TALWAR	95
19	CHHAVI	95
20	SHIVANSH BAJAJ	95
21	SGAR ARORA	95
22	DEEKSHA SEHRAWAT	95
23	BHAVI JAIN	95
24	DHRITI KAPOOR	95
25	ANSHIKA	95
26	PALAKSHA	95

TOTAL NUMBER OF STUDENTS

APPEARED: 162
Distinctions in:

English: 119 Mathematics: 79

Hindi : 97 Science: 69

Social Science: 96











TRAILBLAZING SPORTS ACHIEVEMENTS

"When a gifted team dedicates itself to unselfish trust and combines instinct with boldness and effort, it is ready to win championships."

A sport is a way of life at Aadhaarshila Vidyapeeth as the school believes in the maxim: Sports build good habits, confidence, and discipline. They make players into community leaders and teach them how to strive for a goal, handle mistakes, and cherish growth opportunities. Our students excel in various sports at inter school and national level, be it Judo, Yoga, Taekwondo, Skating, or Table Tennis.

The triumphs of the school's sports teams have been nothing short of spectacular! From dominating the table tennis court to crushing the competition on the judo mats, our athletes and judokas have proven time and time again that they are a force to be reckoned with. Their unwavering dedication and tireless training have paid off in countless victories and championships. With each win, they have shown us what it means to strive for excellence and never give up. These achievements are a testament to the power of hard work, perseverance, and a strong team spirit.

BUDDING SPORTS ENTHUSIASTS BLOOM!
FÉLICITATIONS, ACCLAMATIONS, AND CONGRATULATIONS!
TEAM AV ROCKS!

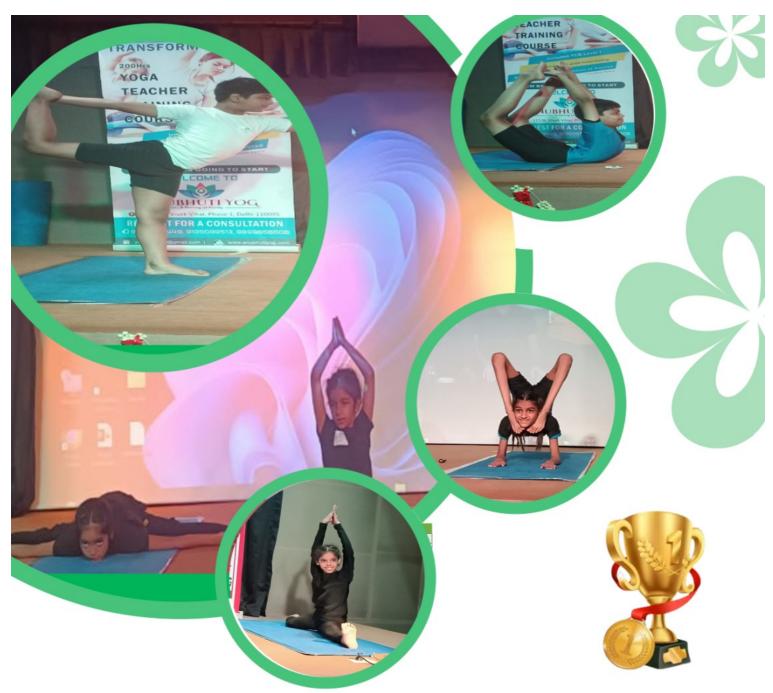


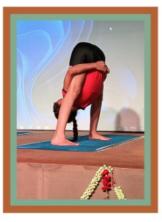












Name Of the Child	Class	Rank
Ansh Jain	VII B	1
Karan	VIII A	IV
Manvi	IX	V

OPEN DISTRICT YOGASANA CHAMPIONSHIP DATE: 20.05.23 JUNIOR AND SENIOR CATEGORY





NATIONAL PATANJALI YOGA ASANA CHAMPIONSHIP DATE: 14.05.2023 JUNIOR AND SENIOR CATEGORY





BRONZE

Smaira Thukral (V B)

Bhoumik (VI A)

Shashank (VIA)

Anish (VIB)

Drishti (VID)

Karan (VIII A)

Diva Jaisinghani (X A)



BHARAT SPORTS OPEN NATIONAL YOGA COMPETITION
DATE: 07.05.23
JUNIOR AND SENIOR CATEGORY



STUDENT NAME	CLASS	RESULT
AASHU	VII C	GOLD IN
		INDIVDUAL
ANSH JAIN	VII C	GOLD IN ARTISTIC
		PAIR
KARAN	VIII A	GOLD IN ARTISTIC
		PAIR
JEEVIKA	VIII	SILVER IN
		INDIVDUAL
DIVA	ΧA	SILVER IN
		ARTISTIC PAIR
MANVI	IX	SILVER IN
		ARTISTIC PAIR
AMBER	VII C	BRONZE IN
		ARTISTIC GROUP
CHETANYA	VIII A	BRONZE IN
		ARTISTIC GROUP
KARAN	VIII A	BRONZE IN
		ARTISTIC GROUP
ANSH JAIN	VII C	BRONZE IN
		ARTISTIC GROUP
AASHU	VII C	BRONZE IN
		ARTISTIC GROUP

STAIRS NATIONAL

SPORTS CHAMPIONSHIP

2022-23

National Stairs Yoga Championship 2022-23

organised by ministry of youth affairs and sports

at indra gandhi national stadium

date: 15.04.2023 - 16.04.2023

Junior and senior category



3rd OPEN DELHI STATE JUDO
CHAMPIONSHIP MINI SUB-JUNIOR
AND JUNIOR 2023-24
ORGANISED BY FUTURE SPORTS
ACADEMY

DATE: MAY 14, 2023



Best Judo Player Award and Prize

Taraksh Ujjainwal: 2100/-Hansika Mavi: 1100/-* Aditi Jain: T-shirt

List of champions

- Hansika Mavi -IX B Gold
- Aditi Jain X B Gold
- Saisha Balan -X B Gold
- Taraksh Ujjainwal -X C Gold
- Manvi VI D Silver
- Ronit Basoya -IX C Silver
- Aaryaman Bhargava X A Silver
- Siddhi Gupta X C Silver
- Aarzoo Sonkar -VIII A Bronze
- Bhavya Gupta -IX E Bronze
- Nakul Sharma X A Bronze
- Krishiv Chopra X A Bronze
- Aviral X C Bronze









Open Delhi State Judo Competition 2023-2024

Category: Senior and Junior

DATE: May 4,2023

THE MEDAL TALLY

Gold medals: 10

Nishant (III C)
Durvaan (IV A)
Aryan Nagarkoti (IV D)
Reyansh Jain (V C)
Dhwani (VI C)
Puru (VI D)
Vrinda (VII A)
Kartik (VII B)
Dhairya Bhalla (IX A)
Bhavya Gupta (IX E)



Silver medals: 13

Dhruvika Gupta (III A)
Lavanya Saluja (III C)
Rudra Arora (III C)
Ritvik (VA)
Rajvinder (VA)
Lakshit (V D)
Vishesh Avana (V D)
Navneet Kaur (V C)
Manvi Verma (VI C)
Jasmine Gora (VII B)
Alisha (VIII C)
Akshaj Sharma (VIII B)
Naitik Taneja (IX A)



Bronze medals: 18

Rivan (III A)	Rudra(IV D)
Tanishq(III A)	Hardik Khichi(V A)
Srishti(III C)	Karninder(VA)
Yogesh(IV B)	Shivansh Khattar(VA)
Shaurya Atri(IV B)	Samira Arora(VID)
Ishan Arora(IV B)	Anika Singh(VIB)
Amav(IV B)	Gulmehak Kaur(VIIA)
Aarzoo(VIII A)	Ruhee Kaur(VIIIA)
Hanshika Mavi(IXB)	Aniket(VIIIC)



Pre Quarter Finals in 17th Ramjas Inter School Table Tennis Tournament 2023

The team: Vansh Nandwani - XA Kabir Dhingra - XC Parth Batra - XII A Manas Verma - XII D

The Team has qualified for Pre-Quarter Finals

"First Delhi State Underarm Cricket Sub-Junior and Junior Boys and Girls Championship -2023"

Khamish Sharma - Class VI-B FIRST POSITION





Late Shri Kaptan Singh Rathee Memorial North West Zone/District Ranking Badminton Championship 2023

Date: 22.04.2023 - 25.04.2023.

Lavansh Banga - VII B

'Bronze medal'

A UNIQUE COLLABORATION

Effective communication between parents and teachers is crucial for a child's holistic development. Orientation and PTM sessions are designed to promote transparency, collaboration, and mutual understanding between the school and the teachers, ensuring that our students receive the best possible education.

Orientation sessions are conducted at the beginning of each academic year to acquaint new students and their parents with the school's policies, facilities, and culture. This helps in creating a smooth transition for the students and ensures that they feel comfortable in their new environment.

PTMs are held regularly throughout the year to serve as a platform for teachers to share feedback on the student's performance, identify areas of improvement, and suggest ways to enhance their learning experience.

Interview with HOS Ma'am gives an insight about her visionary approach and the unique initiatives taken by the school to improve the quality of education served to the students.







RENDEZVOUS WITH THE HOS

Aadharshila Vidyapeeth stands tall as a beacon of excellence, committed to foster and nurture each student's unique talents and passions. Here is a glimpse of the school's vision in the words of the HOS, Dr. Priti Saxena.

Q. Ma'am, when did you decide that you wanted to become a teacher?

HOS Ma'am: Dear students, I must say that my passion for teaching was kindled at a very young age. Being from a family of eminent educationists, as my father was also a teacher, Principal and later Vice-Chancellor, I have always been passionate about helping students achieve their fullest potential. I was fortunate enough to be blessed and motivated by some great teachers during my school days.

Q. Ma'am, how does it feel to be the HOS?

HOS Ma'am: Being the HOS of Aadharshila Vidyapeeth is a feeling of great pride, responsibility & opportunities. I feel privileged having got a chance to shape the future generation and guide them towards fulfilling their dreams. It gives me a sense of accomplishment to implement my school's noble vision & my ideas.

Q. How do you ensure that all students receive a high-quality education?

HOS Ma'am: Providing quality education is our topmost priority, and to achieve this, we ensure that the school has a fully equipped infrastructure with updated critical resources, be it the school library, labs, smart classrooms, sports fields and other recreational rooms. Aadharshila Vidyapeeth's ultimate aim is to prepare global citizens who are well-equipped with knowledge, empathy and skills to face the challenges of the world.

I strongly believe that 'hard work coupled with discipline' is the key to success. To ensure that all students receive a high-quality education, my long-term goal is students' holistic development and inculcation of self-discipline. However, to achieve this, my short-term goals are to ensure 100% attendance and timely submission of assignments.

Q. How do you engage parents and the community in the school's mission and goals?

HOS Ma'am: I believe that education is a kind of healthy partnership between the school, parents and the community. We engage parents and the community in our mission and goals and keep them informed about the school's activities and events through regular PTMs and social media. School also encourages their participation in school functions and events and welcomes their feedback and suggestions.

Q. Ma'am, if you could go back in time to visit any historical period, what time would you go back to?

HOS Ma'am: Well, if I had the opportunity to journey back through time, I would choose to visit and contribute in the freedom struggle of our country.

Q. How do you expect students to be after they graduate from this school?

HOS Ma'am: Aadharshila Vidyapeeth is known for its values. I expect my graduates to be well-rounded individuals who are equipped with values, empathy, knowledge and skills to succeed in life. I want them to be confident, compassionate and responsible global citizens who are committed to making a positive impact on the society. I want my students, not just to be high on IQ but also on EQ, CQ, SQ & AQ (Adversity Quotient).

Q. Ma'am, what is the one thing you wish people would remember you for? HOS Ma'am: Just as a nice person; a noble human being and an achiever in my domain.

Q. Ma'am, we all face difficult phases in life. What would be your advice to tackle the same?

HOS Ma'am: Children see, life is full of challenges and unexpected phases, but it is 'how we face them' defines us. My advice to you would be to stay positive and focused on your goals and never give up. Always remember; never lose patience and faith in yourselves and God. Make 'meditation' a part of your daily routine.

Q. To conclude, Ma'am, what do you hope to achieve for this school in the next five years?

HOS Ma'am: In the next five years, I hope to see Aadharshila Vidyapeeth amongst the top 5 schools of our country with continued growth and improvement in all areas of our school. Our 6th ranking amongst the top 10 schools in North Delhi, Best School Award by NOF, Appreciation Award by District Tobacco Control Cell, Bronze Level Award in School Enterprise Challenge and many more awards are the milestones already achieved and Aadharshila Vidyapeeth aspires to outshine other premium educational institutions of the country.



"Excellence in education can happen with engagement, positive influence along with guidance of parents and teachers."

Aadharshila Vidyapeeth organised the Parent Teacher Meeting for classes Preschool to XII, which was held on Saturday, the 13th of May 2023. The Meeting was a meeting of brilliant minds, a coming together of two pillars of education – parents and teachers. It was a melting pot of innovative ideas, where feedback was shared and valuable suggestions were given. The discussions were like a symphony; each note perfectly in tune with the other, creating a harmonious melody. Teachers noted the suggestions given by parents and shared the importance of regularity, discipline and hard-work in school.

The joyous, bustling day came to a close with the conclusion that the joint effort, mutual understanding and co-operation of parents and teachers is very important for the proper academic nourishment and progress of students.

PTM PS-XII May 13, 2023







6 April 2023













HAWAN CEREMONY &





Class: VI - XII

Date- 6 April 2023







HAWAN CEREMONY



Class: II - V

Date- 5 April 2023













"The best way to find yourself is to lose yourself in the service of others".

Experiential learning is the quintessence of education. It comprises of learning activities, both inside and outside the classroom that are designed to actively engage students to learn by doing, and then reflecting on the process and experience and actively creating their own understanding. Each aspect of experiential learning activities enhances the others, resulting in knowledge and skills development, deep understanding of the subject matter and of complex concepts, and the ability to apply the concepts in practice in a process that encourages critical thinking in the young learners.

ROBOTICS

THE INTERSECTION OF SCIENCE & TECHNOLOGY

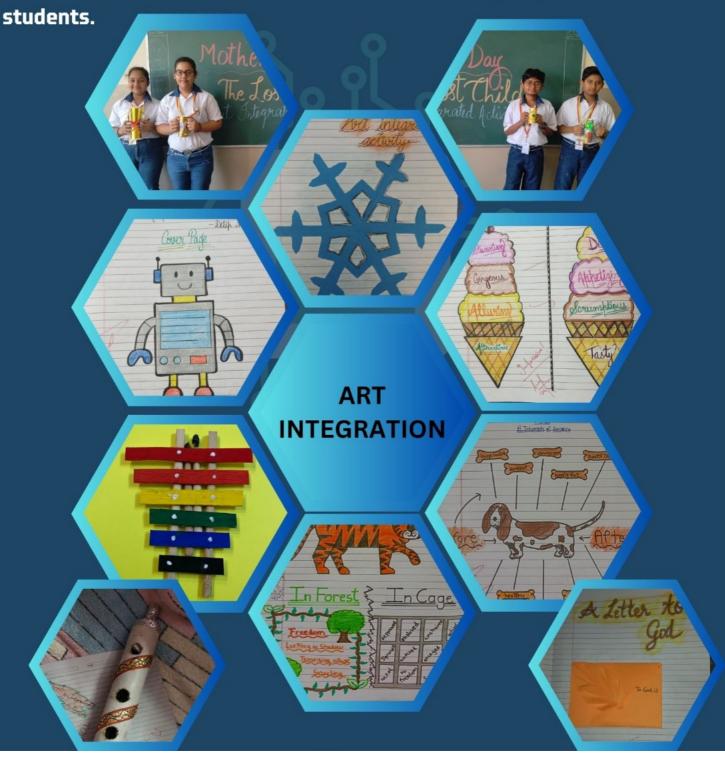
Robotics for kids is a compendium of different disciplines that provides children with knowledge related to Science, Technology, Engineering, and Mathematics. Transmitting this range of expertise to them in a transversal and fun way facilitates the development of logical thinking while stimulating their creativity and becoming familiar with the operation of programmable objects with which they are already in daily contact.

Robotics lab at Aadharshila Vidyapeeth, equipped with the latest technology and tools facilitates hands-on learning experiences for our students to develop essential skills such as problem-solving, critical thinking, and creativity. Robotics education helps our students prepare for the future by equipping them with the necessary skills to succeed in a rapidly evolving technological landscape.



ART-INTEGRATED ACTIVITIES

A wide range of engaging art-integrated activities were curated that allowed our students to explore their artistic talents while also learning important concepts. From painting to sculpture, our students were able to experiment with different mediums and techniques, unleashing their inner Picasso. With a focus on fostering creativity and self-expression, these activities seamlessly blended the worlds of art and education. These activities left a lasting impression on our students.

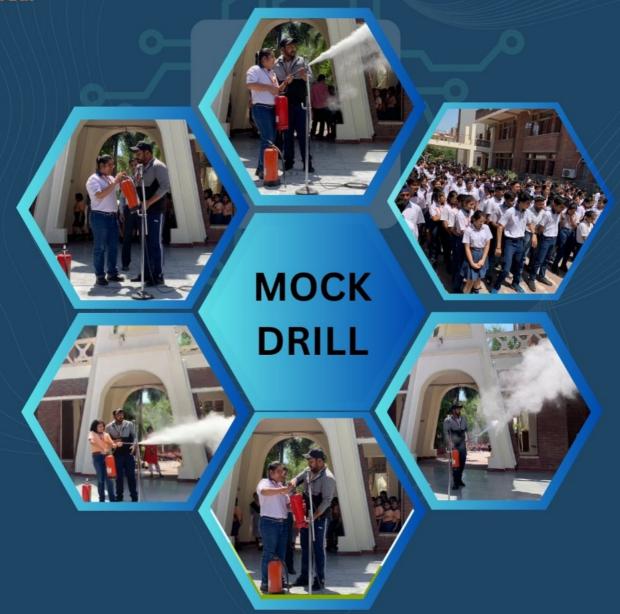


MOCK FIRE AND EVACUATION DILL

"PREPAREDNESS IS THE CALM BEFORE, DURING AND AFTER THE STORM."

A 'Mock Fire and Evacuation Drill' was executed in Aadharshila Vidyapeeth on May 10, 2023 for the entire school to create awareness and preparedness during calamities. The students were trained to be alert, quick and responsible, follow instructions, maintain calm and avoid panic to avert stampede and casualties. The main aim of the drill was to build courage and confidence amongst students and develop leadership skills.

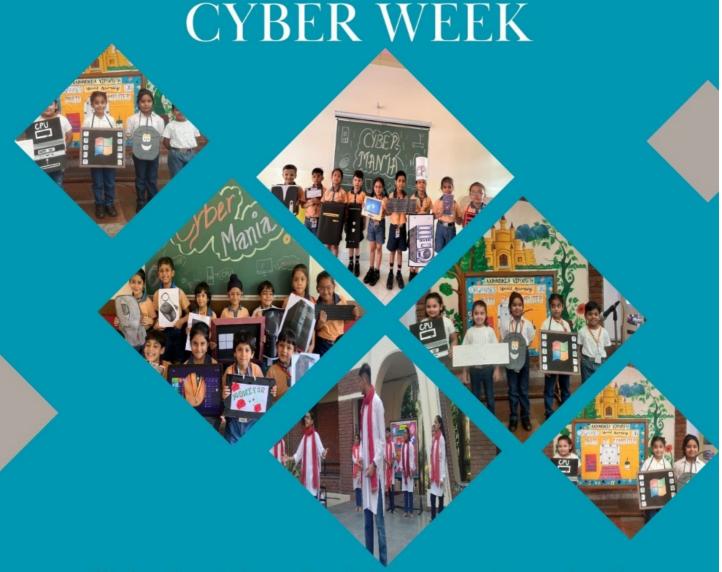
The students were evacuated from the school building in 5 minutes 17 seconds as soon as the fire siren rang. Head count was done by the class teachers to ensure the presence of everyone. Special training has been imparted to the staff members to handle crisis and give first-aid relief if required.





WEEK LONG ČELEBRATIONS

Schools across the world celebrate 'Weeks' to promote awareness and understanding of various issues. Each subject week celebration aims to foster a love for the same, enhances comprehension and creativity and provides an avenue for self-expression beyond school curriculum. To achieve such aims, each week undertakes a number of activities with a view to provide opportunities to all the learners equally. The week aims at 100% participation of the learners which boosts their confidence and enhances learning to dabble with the complexities with their everevolving cognitive capabilities. Week celebrations in Aadharshila Vidyapeeth play an important role in creating a more informed, engaged, and compassionate generation of young people who are committed to making the world a better place.



Technology is best when it brings people together." ~CONNECT, CONCEPT, CODE, CONTINUE~

As part of our constant endeavour to keep the children up to date with the advancements and challenges of the cyber world, Aadharshila Vidyapeeth celebrated its Cyber Week from 8th – 12th May 2023 for classes I-XII.

Our zestful Aadharshilians were very excited and participated enthusiastically in special assemblies and multifarious activities to bring out their technical, creative and scholastical skills.

Active engagement in activities and competitions like 'Rapid Computing', 'Creative Hands on Computer', Scratch-O-Mania', provided our young energies an outstanding platform to enable their artistic skills and to reveal their bright and creative areas. Cyber Quiz opened up their inquisitive minds. The activities and the competitions encouraged everyone to play a significant role on building happier space on the internet.



CLASS: PRE-SCHOOL - II

Students enacted as different computer hardwares and had a perfect understanding of their significance and functions. It was amazing to personify the co-ordination among the computer parts. Such presentations help the learners have hands-on concept building that results in abundant withholding.









Designed to provide an inspiring and supportive environment to explore through learn and play, our week long activities focused on problem-solving, communication and collaboration skills – while having heaps of fun along the way! During the week, students participated in recognition of how cyber-security plays a vital role in the lives of all citizens and how building a skilled cyber-security generation enhances each nation's national security and promotes economic prosperity.



The week focused on catering to the budding minds' inquisitiveness through Inter-House Cyber Quiz. Brainstorming rounds were liked by one and all. Genius minds created amazing interactive platforms in 'Creative Hands on Computers' and 'Scratch-O-Mania'. The highlight of the week remained the 'Street Play' composed to ignite a realistic understanding of Cyber threats. Students discovered what it means to be a professional in the field of cyber-security and why cyber-security is important for our nation's security and economy.



"Dance is our pulse, our heartbeat, our breathing; it's the rhythm of our life."

Aadharshila Vidyapeeth celebrated 'Dance Week' from 01.05.2023 to 06.05.2023 for classes III-X. The week was a vibrant and exuberant affair, filled with pulsating beats and graceful movements of different dance forms like dandiya, garba, ribbon, hip-hop, folk and semi-classical.

The air was electric during the competitions with excitement and anticipation as the curtains were drawn and the music started. The dancers, adorned in their sparkling attire, moved with effortless grace and precision, each step a perfect synchronization of rhythm and melody. The energy during inter-house competitions in the school auditorium was palpable, as each house tried to outdo the other with their innovative choreography and mesmerizing moves. Students' impressive choreography and graceful moves drew thunderous applause from the spectators.



Music is a more potent instrument than any other for education because rhythm and harmony feed their way into the inward places of the soul.

Music unlocks self-expression, intelligence and creativity. To unlock the mind of our young learners to all these skills and to look for their hidden talents, a musical week 'Sur - Taal Manthan' was celebrated from May 1,2023 to May 6,2023 for the classes III-XII. A plethora of activities like 'Little Tansen', 'Instrumental Fusion Band' and Inter House Singing Competitions on folk and patriotic songs were conducted. All the six houses spellbound the audience with their melodious compositions. The judgement was based on rhythm, selection of song, voice modulation, and overall presentation. The contestants were full of enthusiasm and eager to show their talents. In each activity, students were confident and showed good presentation skills. The week presented all with an opportunity to explore the world of music.







English Week 'Lingua Fiesta' – Ace it! Resonate it! 17.04.2023 – 21.04.2023

"Literature is the art of discovering something extraordinary and saying with ordinary words, something extraordinary."

Aadharshila Vidyapeeth has always responsibly taken up any impediments that come its way, assuming them to be challenges and strived unhesitatingly, towards its goal. The English Faculty of the school was successful in its endeavour to fruitfully provide avenues to the students to hone their skills in an inspired way.

'English Week' was organised from April 17,2023 to April 21,2023 to involve the participation of students of classes I to XII in various literary activities and make learning of language fun, dynamic and objective.

The initiative enriched the students as they participated in an array of interesting activities such as Rhyme/Poem Recitation, Readathon, Harmonious Poets, Film Review, Slogan/Poem Writing, Spellathon, Character Dramatisation and English Quiz, which fuelled their creative aptitude, thereby honing their writing and oratorial competency, and strived to imbibe in them a sense of confidence and independent thinking skills. It was delightful to witness their earnest efforts in all the events.

The week strived to ameliorate their proficiency of language and imbued in them a sense of satisfaction of a job well done!

RECITATION COMPETITION

CLASS I RHYME RECITATION COMPETITION APRIL 18,2023 CLASS II HARMONIOUS POETS COMPETITION APRIL 20,2023

"Poetry is the spontaneous overflow of powerful feelings: it takes its origin from emotion recollected in tranquillity."

Recitation activities help students to build confidence as they learn to speak more accurately and persuasively about any piece of writing. Our munchkins of class I and II chose a variety of topics for the recitation in 'Rhyme Recitation Competition' and 'Harmonious Poets Competition' on April 18,2023 and April 20, 2023 respectively on animals, friendship, cleanliness, healthy food, rainbow and enthusiasm. Students astonished everyone with their voice modulation and amazing oratory skills.

The judgement parameters included clarity, confidence and expressions. Students enjoyed the competition extensively and it

turned out to be a real confidence booster.



READATHON COMPETITION

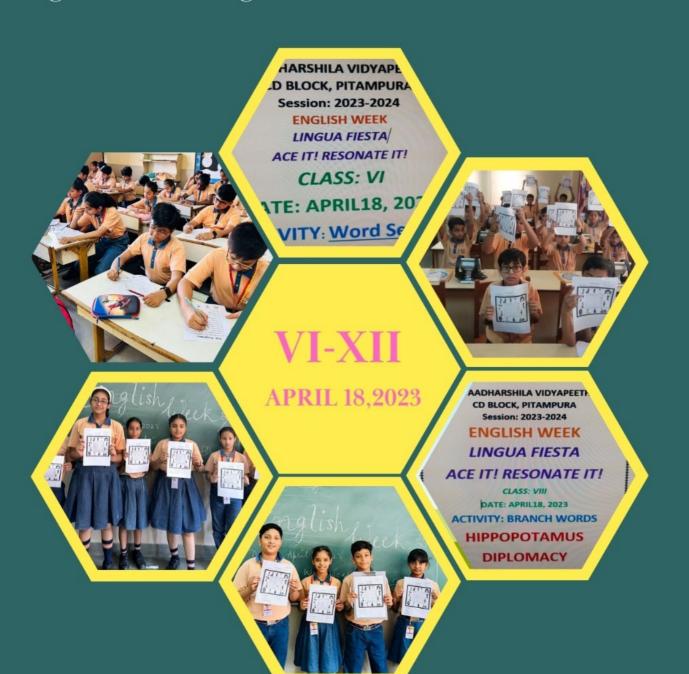
Nurturing a reading culture in children during their formative years plays a pivotal role in their future. Exposure to the world of words and characters works wonder for them. Keeping in view, Aadharshila Vidyapeeth organised 'Readathon Competition' on 17th April 2023 for Classes III-V.

It gave them a better vocabulary, sparking creativity, reduced stress and fostered empathy. It also helped in increasing intelligence and building perseverance, broadened their mind, helped them with written and verbal communication skills and provided them a certain level of understanding and empathy. Students showed great zeal and vigour for the activity and achieved the objective to the maximum.



WORD IT OUT

It is rightly said that 'Efficacy, competency and dynamics delineated as young minds play and build on words'. Students were engaged in 'WORD IT OUT' puzzles wherein variety of activities appropriate for VI-VIII on 18 April 2023. The quest helped students to build vocabulary, improve spelling and synthesizing words. It brought students closer to magic of English and strengthen their skills.



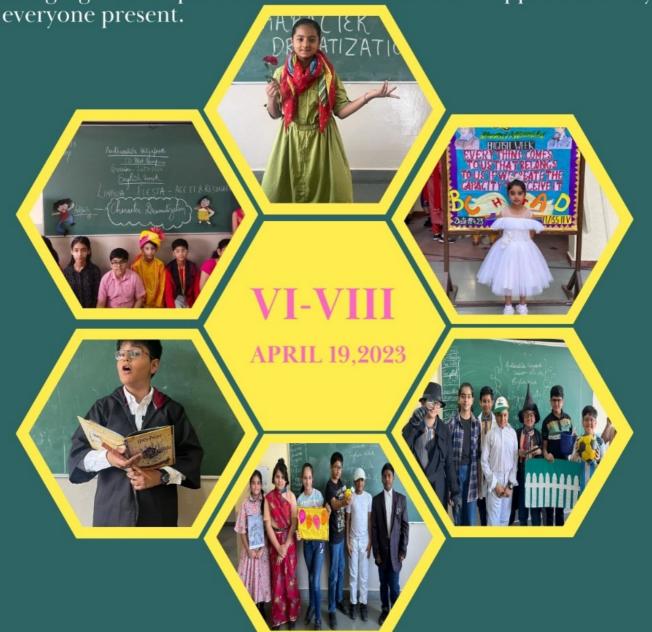
CHARACTER DRAMATISATION

"Acting gives you a story to tell, a reason to cry, an occasion to dance and lets you for once be someone other than yourself."

In order to develop a more sensitive understanding of a variety of viewpoints whilst sharpening students' language and movement skills, school organised 'Character Dramatization' during English Week for the students of classes VI TO VIII on Wednesday, April 19,2023.

Children came dressed up in their favourite literary characters like Harry Potter, Ruby Bridges, Cinderella, Rapunzel, Sherlock Holmes, Oliver Twist, Helen Keller, Pinocchio etc.

The classrooms turned into theatre with passionate enactments bringing word portraits to life and were appreciated by



SPELLATHON

"To learn to read is to light a fire; every syllable that is spelled out is a spark."

Good vocabulary plays a very important role in the overall development of children and 'Spellathon' helps students understand words more deeply as they learn the spelling of words.

To encourage the young Aadharshilians to develop their interest in language, Spellathon activity was conducted on April 19, 2023 during English week for the classes IX-XI.

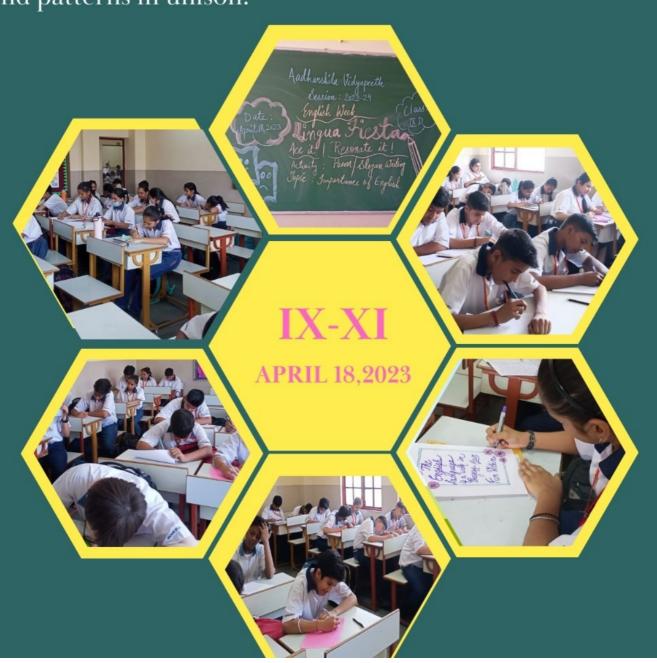
It was a delight to see the confidence with which the students participated in the activity and duelled through the toughest words to prove their mettle. The activity made students aware of spellings and the usage of many unfamiliar words. It was a wonderful learning experience for the students to enrich their



SLOGAN / POEM WRITING

'English is imperative to all learning today.'

Facilitating students with an opportunity to express their version of 'Significance of English language' through slogans and poems, school organised 'Slogan/Poem writing activity' for the thinking minds of classes IX-XI on April 18,2023. Students enunciated impressive words and structures featuring importance of learning English. The unmarred flight of fancy knew no bounds with the intersection of creative artwork and exquisite calligraphy. All hailed the better understanding of English structures and patterns in unison.



MOVIE WATCHING

The activity 'Twist in the Tale' and 'Movie Review' proved to be a great success as students watched the movies with full cheer and enthusiasm. The objective behind this was not only to rejuvenate the students but also to enrich their vocabulary and inculcate a sense of alertness and promptness in them.

At the end, the whole auditorium echoed with the thunderous clapping as students loved the activity.



<u>INTER-HOUSE ENGLISH QUIZ</u>

English quizzes help students to boost up their confidence and the best way to realise their full potential which was evident when, Aadharshila Vidyapeeth organized the "Inter House English Quiz Competition" for classes III-V on 20 April 2023, VI-VIII AND IX-XI on 21 April 2023 in the school auditorium wrapping up prominent poets, authors, genres of writing and age-appropriate grammar topics. The method of integrating the game mechanics into the learning process undoubtedly, kept them lively and more seeking.

The entire auditorium was brimmed with a fervour spirit. The competition proved to be an engaging manifestation to encourage children to learn English in the most natural way. The happy audience applauded generously and felt proud of the achievement of the winners.



SPECIAL ASSEMBLY

PS-V AUTHORS AND POETS APRIL 19,20203 VI-XII MERCHANT OF VENICE APRIL 20,2023

A special assembly on 'Authors and Poets' was organised by the students of PS-V on April 19,2023 to explore the authors and poets around the world and that constitute this rich part of our country. From getting to know about their lives, to learning about their literary genius, the little Aadharshilians paid tribute to some of the finest talent in the history of our great Indian literature.

Dramatization of a prominent play written by the greatest playwright and poet, William Shakespeare - 'The Merchant of Venice' set the stage ablaze in the special assembly of classes VI to XII on April 20,2023. Audience was taken to the trial room of the Greek roads and was left mesmerized. The teacher speaker culminated with throwing light on importance of English language and the great William Shakespeare.



CELEBRATION OF INTERNATIONAL DAYS













THE COMMEMORATION OF INTERNATIONAL DAYS IN SCHOOLS IS AN EXQUISITE AVENUE TO PROPAGATE AWARENESS AND **COMPREHENSION OF DIVERSE** CULTURES AND TRADITIONS. THESE MOMENTOUS OCCASIONS OFFER A **GOLDEN OPPORTUNITY FOR** STUDENTS TO DELVE INTO THE SIGNIFICANCE OF VARIOUS EVENTS AND THE PARAMOUNT OF REVERING DIVERSITY. BY PARTICIPATING WHOLEHEARTEDLY IN AN ARRAY OF ACTIVITIES, SUCH AS CULTURAL PERFORMANCES, EVENTS AND ACTIVITIES, EXHIBITIONS, AND WORKSHOPS, STUDENTS GAIN INSIGHT INTO THE HISTORY AND CUSTOMS ASSOCIATED WITH THE DAY. THIS FOSTERS A SENSE OF COMMUNITY AND INCLUSIVITY. INSPIRING STUDENTS TO BE BROAD-MINDED, RESPECTFUL, AND ACCEPTING OF OTHERS, IRRESPECTIVE OF THEIR

BACKGROUND OR BELIEFS.

MOTHER'S DAY: THE PERFECT DAY TO THANK OUR MOTHERS!

CLASSES: VI-XII MAY 16, 2023



School orchestrated a special assembly to celebrate the bond of affection.

The assembly commenced with a soul-stirring prayer, followed by a string of heartwarming presentations. Anushruti Chaturvedi from class XI C recited an emotional poem that encapsulated the depth of a mother's love. Arnav Khanna (VIII A) and Tulsi (IX B) also graced the stage with melodious tunes that reiterated the significance of a mother's presence in our lives. The Head of School, concluded the assembly with a poignant message of loving and respecting our mothers every day and every moment.



MOTHER'S DAY: THE PERFECT DAY TO THANK OUR MOTHERS!

School conducted a special assembly and our zestful tiny tots presented a graceful musical dance act, poem on mothers and a heartwarming speech in the morning assembly. To make the mothers feel special and to show their immense love, children made beautiful cards and took them home as a pleasant surprise for their mothers. Children enjoyed this creative venture and celebrated their inexplicable bond with their mothers.

Classes I-V May 12, 2023





MOTHER'S DAY: THE PERFECT DAY TO THANK OUR MOTHERS!

Little Aadharshilians of Pre-School designed their heart out to showcase love for their mothers in the form of cute loving cards and the munchkins of Pre-Primary crafted spectacular and innovative Photo Frames.

The activity complemented the imagination and creative skills of our students and they enjoyed decorating the photo frames and cards. The activity sensitized everyone understand the unconditional love and support we get from our mothers.



Class: Pre-School & Pre Primary
May 12, 2023

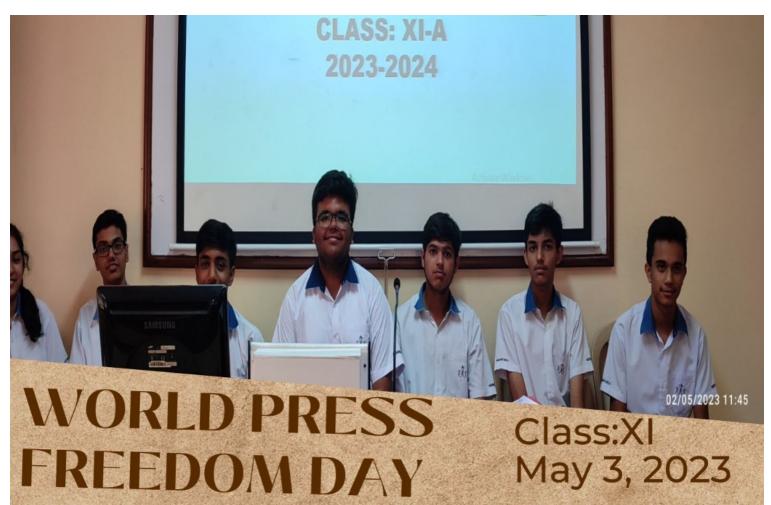




WORLD LAUGHTER DAY

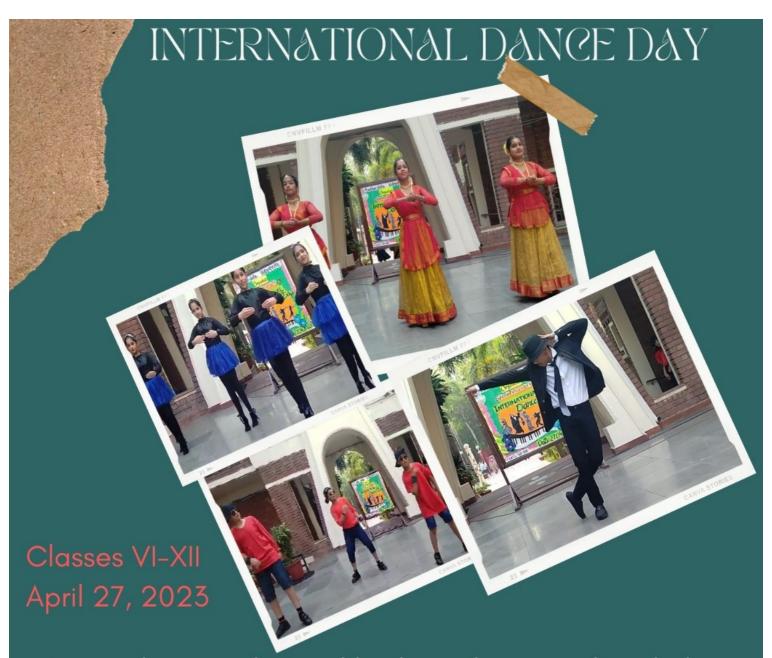
To give our little Aadharshilians beautiful memories and moments to cherish forever, school celebrated 'World Laughter Day'.

Teachers planned fun activities for the children. Funny movie of Tom and Jerry was shown to the children which made them roll with laughter. The children showcased a treat for the eyes through the brightness of laughing stick emojis, cracking funny jokes, practising tongue twisters, and reciting humourous poems on this World Laughter Day making it an enrapturing experience to watch for. Children also shared funny incidents with their peer group and teachers that made the ambience even more jolly. The whole day was full of joy and happiness for the children. Smiles and happiness around and the gleaming faces of the children made everyone's day.



Signifying the enabling element of freedom of expression, Aadharshila Vidyapeeth in collaboration with DOE organised the 'World Press Freedom Day' for on as The United Nations General Assembly declared May 3 to be. Students presented the role of press persons in a team by reporting informative news about their community, school and classroom. It proved to be an honest endeavor to evaluate press freedom around the world, to defend the media from attacks on their independence, and to pay tribute to journalists who have lost their lives in the exercise of their profession. The activity was fruitful as well as informative for the students.





During the special assembly, the agile, resounding rhythmic tunes of international dance forms provided the young Aadharshilians with the perfect setting to shake a leg to the special occasion. Dressed in special attires, students gave an array of performances with great zest and excitement seizing the golden opportunity of displaying their talent with magnificent choreography and graceful captivating movements. They expounded on the Indian Classical Dance forms like Bharatnatyam, and Western Dances like Hip- Hop and Ballet. Dancers explained the finer and unique points of each form. The celebration inculcated interest and respect among the students for all dance forms, be it classical or modern.

WORLD BOOK DAY

Under the observance of 'UN Designated Days and Weeks' by DOE

Students dived into the world of the books enthusiastically and wrote the gist of their favorite books. The objective was to highlight the power of books and their ability to impart knowledge and values to readers. Students were encouraged to read more books on various themes.





Classes VI - X 24 April 2023



EARTHDAY

Teachers guided the children about what all they can do at such tender age declaring themselves to be the responsible citizens of the world. Our little buds brought out their love for mother earth in the form of poetry and their influencing words touched everyone's heart. Their little performances persuaded the listeners to check on their actions and realise the essence of entities of our beautiful earth. The idea of conservation was expressed in the form of speech too. The cherry on the top was a singing performance by the students expressing their love for Nature.





Classes:VI-XII

April24, 2023

EARTHDAY

Teachers guided the children about what all they can do at such tender age declaring themselves to be the responsible citizens of the world. Our little buds brought out their love for mother earth in the form of poetry and their influencing words touched everyone's heart. Their little performances persuaded the listeners to check on their actions and realise the essence of entities of our beautiful earth. The idea of conservation was expressed in the form of speech too. The cherry on the top was a singing performance by the students expressing their love for Nature.





Classes: PRE-SCHOOL - 1 April 24, 2023

EARTHDAY

A special assembly marked the celebration of the day. The mellifluous song, thought provoking skit and informative speeches, all were aimed at call to action. Little Aadharshilians took a pledge laying emphasis on planting more saplings and becoming aware of the need to maintain the environmental balance. The young and energetic students were involved in other effective and zealous activities throughout the day to add spark to the event.





Classes: II-V

April21, 2023



WORLD ART DAY

School commemorated the day dedicated to exploring art and artists and doing hands-on art activities. Students were excited as they expressed their hearts through art. Vibrant hues and fanciful thoughts on the canvas proved to be a visual treat. Innovative talents and creative skills of the students were assessed by the Art teachers and highly appreciated by all.







INTERNATIONAL Sear of Millets

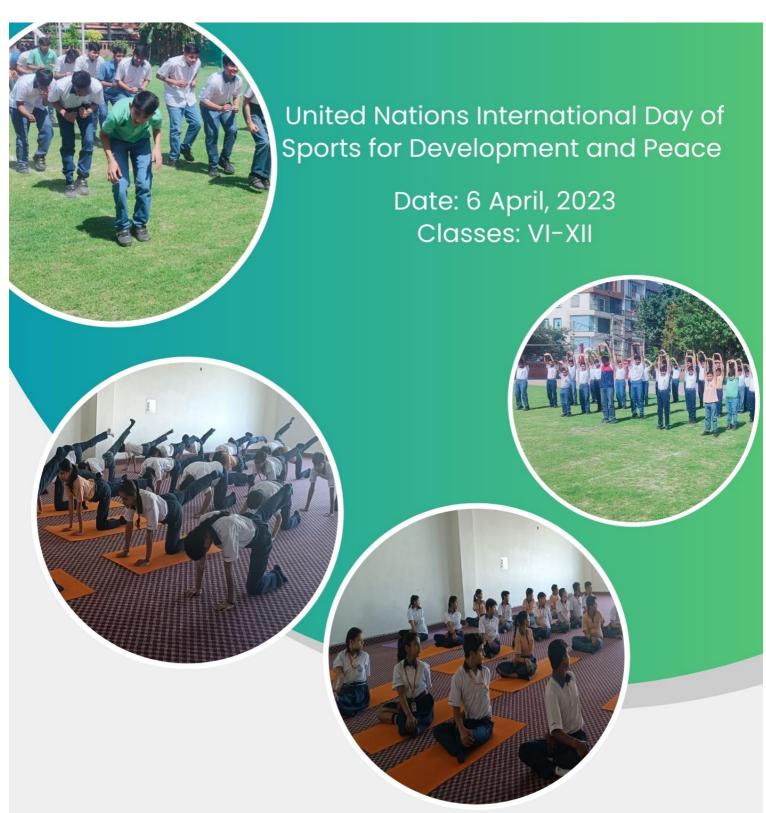
SPECIAL DECLARATION BY THE UNITED NATIONS TO CONSIDER 2023 AS THE INTERNATIONAL YEAR OF MILLETS

A Part of CBSE Activities

It was impressive to see students of classes VI and VII realising the nutritional value of Millets as they comprehended it by making charts, models, highlighting its importance. Students of classes VIII were equally energised for an activity 'cooking without flame' which helped them initialise an idea that we are responsible for our own healthy living. Impressive essays emphasising the significance of this pearl grain, were expressed by class IX students. The HOS mam appreciated the students for their active participation.



10 APRIL 2023 CLASSES VI-IX



The robust Aadharshilians pitched in plethora of sports activities like Downward Dog, Alternate Toe Touch, Tadasana, Surya Namaskar, Squat and such more. With an idea to amplify sports virtue and fitness values among its learners, school organised this event providing students a platform to prove that they are as fit as a fiddle.

WORKSHOPS: EXPANSION OF KNOWLEDGE

Workshops in schools are an incredible opportunity for students to expand their knowledge and skills in a fun and interactive way. These workshops are designed to inspire creativity, encourage critical thinking, and promote personal growth. With the use of vibrant and captivating decor, students are transported into a world of imagination and exploration. The workshops provide a platform for students to learn new techniques, develop their talents, and explore their passions. Through hands-on activities, students are able to unleash their creativity and express themselves in unique ways. The workshops also foster a sense of community and collaboration among students, as they work together to achieve a common goal. The exchange of ideas and perspectives creates an environment of mutual learning and growth. By participating in these workshops, students not only gain new skills but also develop a sense of confidence and self-assurance.







Workshop on First Aid Management for Medical Emergency 'Safety first is safety always.'

A workshop on First Aid Management for Medical Emergency was conducted for teachers in Aadharshila Vidyapeeth on May 1,2023 by the Medical faculty of the school. The workshop aimed to equip the teachers with the necessary skills and knowledge to provide first aid to students in case of an emergency. The workshop covered various topics such as stroke and stroke management, burns, nasal bleeding, BP issues, and deep breathing. The participants were given a brief overview of each topic. Overall, the workshop was very informative and practical. The teachers gained valuable knowledge and skills that will help them provide first aid in case of an emergency.





Robot is a technical extension of human race and learning Robotics is the extension of mind.



Stem Robo organised a 'Robotics' workshop in the school premises for the classes III- X on April 24,2023 with an objective to create an interest among students especially who enjoy meddling with Science and its working.

The event witnessed ideas and innovation in Robotics, the usage of products and its significance in the world of today. It included a robot, battery powered car with sensors, obstacles avoidance vehicle, inventive and automatic traffic lights among many others. It was an effort to allow young genius to explore the world of technology and robotics.

"HAPPINESS IS SEEING THE SMILE ON A CHILD'S FACE AS THEY LEARN."

An enthusiastic workshop was conducted on the theme 'Happy Classroom' on Wednesday, April 12, 2023 at school auditorium for VI - VIII. The workshop helped the students understand how a happy environment can be created to make studies easy. The teachers shared their observations and experiences on some of the main ways in which happy classroom can be attained. The workshop began with an amazing mindfulness activity where students meditated for two minutes followed by joyous activities. The workshop concluded with a happy dance where students danced their heart out.







CELEBRATION OF FESTIVALS

SCHOOL CELEBRATES DIVERSITY AND INCLUDES
CELEBRATION OF ALL RELIGIOUS FESTIVALS IN THE
REGULAR FUNCTIONING OF THE SCHOOL. IT NOT ONLY
FOSTERS CULTURAL APPRECIATION BUT ALSO TEACHES
SOCIAL AWARENESS BEYOND TEXTBOOKS. THE OBJECTIVE
WHILE CELEBRATING MULTIPLE RELIGIOUS FESTIVALS IS
THE EXPRESSION OF GRATITUDE TO THE CREATOR. THIS,
IN TURN, HELPS CHILDREN LEARN THE VALUE OF GOOD
VIRTUES AND ANALYZE WHY THEY ARE ESSENTIAL.
SCHOOL INCULCATES THE ESSENCE OF FESTIVALS IN KIDS
BY EMPLOYING DANCE, SONG, POEM RECITATION, STAGE
ACTING, ETC. THE VITAL ASPECT OF THESE ENGAGEMENTS
IS THAT IT BOOSTS KIDS' SELF-ESTEEM AS THEY GET
ACCUSTOMED TO THE APPLAUSE AND CLAPS AND THEY
RETURN HOME WITH LIMITLESS JOY.





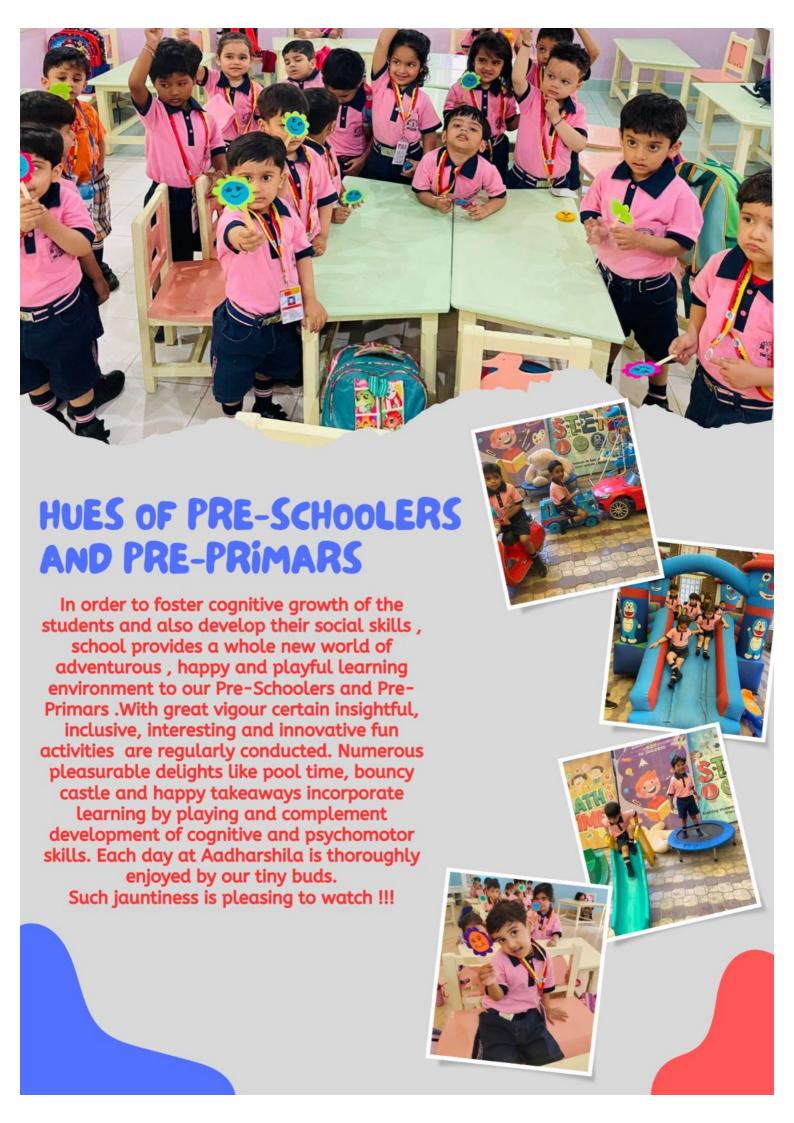




The ethnicity of our glorious festival 'Baisakhi' was lived and brought forward by our students by revealing its significance. Students expressed their excitement by singing majestic Punjabi musical notes which left everyone spellbound and filled them with pride to dive into the essence of our culture .Children also danced their hearts out on Punjabi folk tunes.











A THUMPING BEGINNING



Our tiny-tots of Pre-Primary to II have clinched remarkable positions in National Olympiad Foundation and have been endowed with GOLD medals and certificates.





CELEBRATING THE COLOUR-

'YELLOW'





Class: Pre-Scho<mark>ol</mark> Date- May 10, 2023













The tiny-tots looked vibrant in their yellow outfits. The shades of yellow made the kids feel bright, lively and cheerful.

It was a fun-filled day where all the students had brought some yellow colour objects. With mangoes, honey, bananas, lemons, Sun and honeybee etc. they glowed and enjoyed a memorable learning experience in bright and high spirited environment. Teachers showed presentations on Yellow colour. They were also exposed to some other real objects of the same colour and started to explore the yellow world around us. The objective to make our young ones identify Yellow colour was achieved in a fun and playful way.



THUMB PRINTING ACTIVITY

Our free spirited little ones enjoyed this messy play with their thumb and made impression on the image of a tree. It was a wonderful sensory experience for the children and strengthened their motor skills.



LADY FINGER PRINTING ACTIVITY; THEME-LETTER 'L'

LADY FINGER

RINTING ACTIVITY

CLASS: PRE-SCHOOL DATE- APRIL 28, 2023

Our shining stars of Pre-

School learnt the structure of one of the initial letters; 'L' created with straight strokes in the most interesting and fun way. The lady fingers were taken from mommies' kitchen and used as a tool to make bright, colourful images reflecting the tiny tots' bright and imaginative minds. The activity not only aimed at developing learning skills but also honing children's motor skills. Kids participated in the activity with great zeal and gusto and enriched their vocabulary with Lnamed objects.







CLASS- PRE-SCHOOL 13 APRIL,2023

The magician performed numerous tricks on the stage which left the children mesmerized and they were spellbound to hear the magic words enchanted simultaneously. Their curiosity got triggered the most when they were made to be part of certain tricks performed since they kept guessing the working of the tricks. Children remained glued to the show till the end.

Above all, it helped the children intensify their concentration and observation skills.

The show ended with applause and made the morning most enthralling one.





School always promotes hands-on learning to bring out the best in children when it comes to participation. Our ebullient little scholars of Pre-School indulged in activities in which different nutritive food items were pasted, drawn and coloured by them. Students of Pre-Primary classes explored their creative side by creating beautiful and vibrant mats.

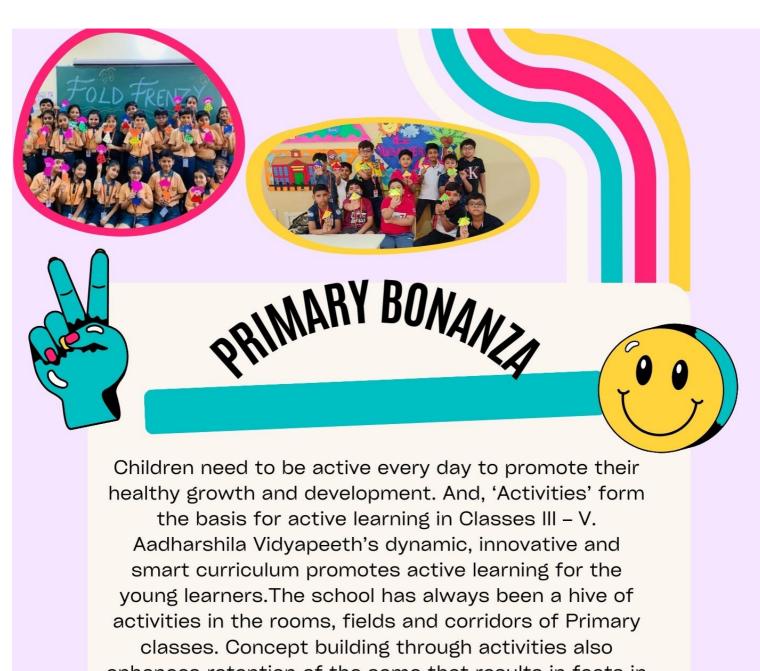
Our toddlers learnt about the various healthy food items as these are nature's treat and easy to grab for a snack. It was indeed a fun learning and enriching experience for the students.



CELEBRATING THE COLOUR-'RED'

Class: Pre-School Date- 12 April,2023

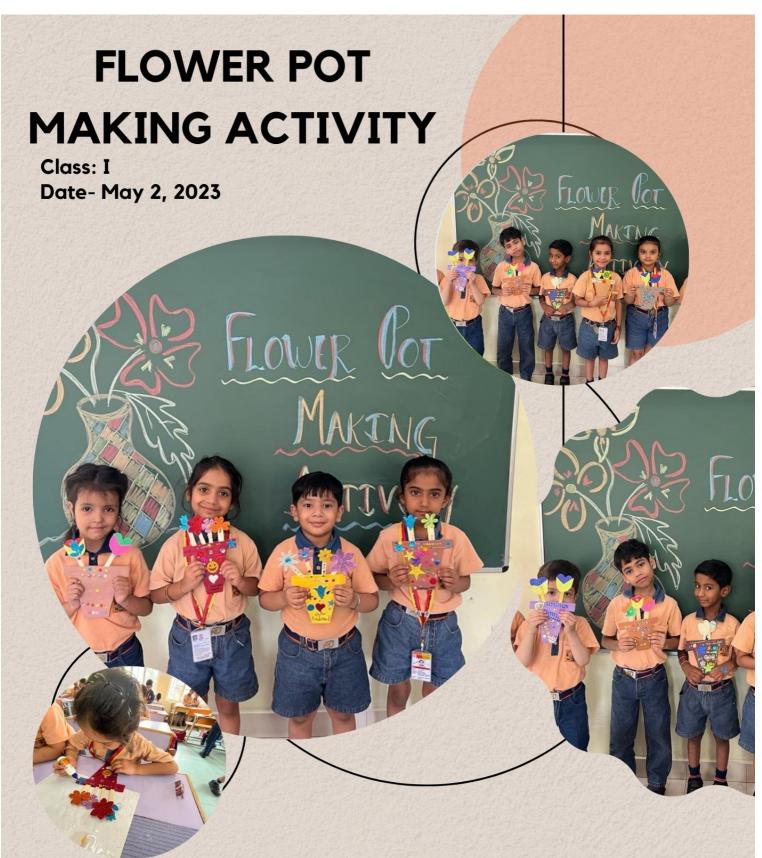
A scintillating Red Colour Day was observed by our Pre-Schoolers as they celebrated their first "Colours Day". Kiddos, teachers and mentors dressed in red, decorated classrooms, rhymes and jingles on colours and dancing on melody dipped music notes adorned the celebration with a rainbow of joy. Happiness reflected in the eyes of the little gems was evident to a successful day.



enhances retention of the same that results in feats in flying colours. These enterprises ensure that children are more physically active and foster their creativity, better understanding, academic affect, increased self confidence and team-work.







To promote the idea of learning 'through the arts' and 'with the arts' and to let learners explore creativity the Flower Pot Making Activity was conducted. Children showcased their imagination and designed beautiful 3D flower pots using different decorative and eco-friendly materials. Students transformed their creative ideas into marvelous masterpieces that were such a sight!





COMPREHENDING THE IMPORTANCE OF ROAD SAFETY MEASURES- 'SPECIAL ASSEMBLY'

Classes: II-V Date- April 28, 2023

Providing the essential Road Safety Education, students were sensitized to the issue to make them responsible road users. A resourceful and thought-provoking skit was presented by our tiny tots on road safety rules. Students enjoyed the performance and learnt the basic safety rules which must be followed on roads to have a safe journey.





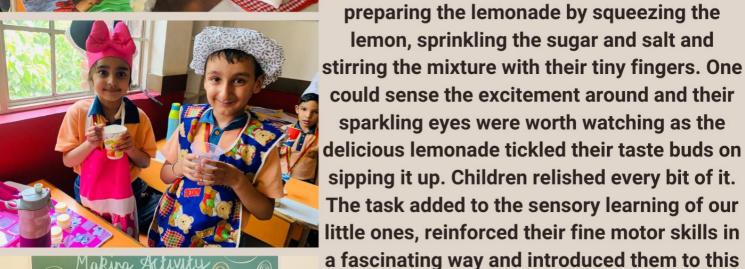


LEMONADE MAKING ACTIVITY'

Our little munchkins had a great time

Class: II

Date- April 27, 2023





ENVIRONMENTAL CONCERNS

'A TRUE CONSERVATIONIST IS A MAN WHO KNOWS THAT THE WORLD IS NOT GIVEN BY HIS FATHER, BUT BORROWED FROM HIS CHILDREN.'

ENVIRONMENTAL CONCERNS FOR SUSTAINABLE DEVELOPMENT IS A VISION OF THE SCHOOL THAT SEEKS TO BALANCE HUMAN AND ECONOMIC WELLBEING WITH CULTURAL TRADITIONS AND RESPECT FOR THE EARTH'S NATURAL RESOURCES. THE OVERALL AIM OF THESE ENDEAVOURS IS TO EMPOWER STUDENTS TO ACT FOR POSITIVE ENVIRONMENTAL AND SOCIAL CHANGE WITH A PARTICIPATORY AND ACTION-ORIENTED APPROACH, OUR YOUNG GREEN CRUSADERS SET A





Our munchkins along with their class teachers planted seeds in little cups. They were made aware about things required to grow and nurture a plant, various parts of the plant and the importance they hold in our lives. The display of environment and awareness highlighted the concern for global warming and small measures which the leaders of tomorrow focus to live a happy and healthy life.









The Honourable Prime Minister of India enunciated the idea of Life Style For Environment.

In view of the above - Poster making activity was conducted by CBSE on the topic of 'Reduce Carbon Footprints'. Students participated in the activity with great zeal and prepared captivating posters on the basic principle of 'Lifestyle of the planet', 'for the planet' and 'by the planet' and reflected their deep concern towards the environment.





Date- April 13,2023

With an idea to raise awareness on the plastic pollution, 'Say No to Plastic' activity was conducted. Our creative and vigilant kids created beautiful bags using eco-friendly waste material. The activity was not just refreshing but awakening too, setting an inspiration to avoid the use of plastic bags.



THE MEGA EVENTS



Aadharshila Vidyapeeth is a school inclined towards framing and shaping multifarious human resources with refined skillset, knowledge, discipline and confidence to be an asset for the nation. The school stands for obligation to inculcate moral and social values among the students. Manifesting commitment towards academic, cultural, athletic, intellectual and comprehensive development of its learners, Aadharshila Vidyapeeth lays emphasis on inclusive learning and our Mega Events are the manifestation of the same.

THE REJUVENATING 'SUMMER CAMP'

The most captivating summer programme organised from May 22 to June 03,23 exhibited a lot of excitement, fun and learning among our little seekers from the classes Pre-School to V.

A gamut of activities like stepping their heart out on their favourite dancing numbers, tapping on their own musical pitch and notes, beating the heat with learning of strokes in the splash pool, enhancing problem solving by learning and cooking without flame were a delight to watch which helped young learners to be more independent and confident. Certainly, the hands-on learning helped children realise a strong sense of











SPARDHA 2023

An Inter-School Group Folk Dance Competition Host: Aadharshila Vidyapeeth, CD Block, Pitampura.

School organised an Inter- School Folk Dance Competition, Spardha 2023 on May 9,2023 wherein around 20 schools from all the corners of Delhi participated with great gusto.

The honourable members of jury Ms. Rubi Ghatak, Bharatnatyam and Kathak expert, Music Examiner, all over India and Ms. Era Dogra, well-known Kathak dancer and choreographer graced the event. Varied Indian dance forms performed by all the schools reflecting Unity in Diversity set the stage ablaze. The graceful and breath-taking performances were a neck to neck competition, and the members of jury along with the Dance faculty, Aadharshila Vidyapeeth announced the results with immense pleasure.

School looks forward to bring forth many such opportunities in the days to come.

ENGLISH

THE PRECIOUS CHILDHOOD

Arvind khatter (X C)

I miss those days of fun and frolic, When friends were the only important people No worries and all play was our only goal Under what did those days cripple?

Oh how badly I long for the good old days When life was simple and felt amazing Just me, my friends and family mattered And I always remained happy during

Where are those days of joy gone
When I used to dance and play all day long
When I didn't care about friendships and stuff
And didn't care who was right or wrong!

Oh that was my childhood I think Long gone but never forgotten Now it's just about money and career Is this why we grow up then..

Idk if they'll come back or not
But I just wish I could meet my friends
And tell them how much they mean to me
Much more than these modern trends.



CHANGE - THE ONLY CONSTANT

Vihaan Gupta (XI A)



Eternal and perennial, nature is a peculiar force. Sea, a vast and broad body of nature, appears to never change. However, it is the law of nature that everybody must be subject to some kind of change whether small or big. Similarly, although transient, human beings also experience a far more outreaching change. Change is something every being must face. As quoted by Heraclitus, a Greek philosopher, "Change is the law of nature and the only constant which brings progress."

However, fearful of change, humans tend to not accept the bitter reality of nature happily. This is because control is the foundation of human existence. Human beings are drawn only to things that are within their reach. Once things get out of their reach, they begin to get ugly. Forces and laws of nature, like change, are beyond human reach. Thus, change is not readily accepted by human beings. As cited by Charles Darwin, the father of evolution, "If the misery of our poor be caused not the law of nature, but by our institutions, great is our sin." Non-alterable, nature is something humans must adapt to.

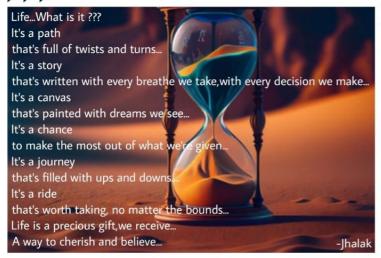
Perpetual and unvarying in nature, change is happening at every moment around us. We can perceive it but can't avoid it. Inevitable and inexorable, change never stops just as life never stops. In a state of flux, change is growth. Out of the innumerable and irrefutable proofs of change, we can observe some around us happening all the time. Aging process is one of the most conservative of these proofs. Losing our youth and innocence is something which is not readily accepted. Saddened by lost youth, melancholy and nostalgia are some of the most commonplace emotions expressed by us.

Although not preferred, change is necessary and desirable and therefore, must be embraced positively. We must embrace the harsh reality of nature.

ENGLISH



Jhalak Manuja (XII D)



ENGINEERING THE FUTURE

Manav Nautiyal (XII D)



Engineers are in high demand, and the future holds promising opportunities for those entering the field. As technology continues to advance, engineers play a crucial role in shaping the future. However, they also face challenges that come with the evolving landscape.

Why are engineers in high demand? Technology constantly evolves, requiring expert guidance for its development. Engineers ensure the safety and effectiveness of these technologies, making them indispensable to society. Their capacity to think critically enables them to tackle complex challenges with innovative solutions, making them highly sought after by companies driving growth and development.

The opportunities for aspiring engineers are infinite. From developing sustainable energy solutions to designing efficient transportation systems, engineers address global challenges and play a pivotal role in various industries such as aerospace, robotics, renewable energy, and information technology. These industries offer diverse career paths and growth prospects.

However, engineers will also encounter challenges in the future. Technological advancements and evolving industries demand continuous knowledge and skills

updates to remain competitive. Rapid market changes require adaptability and embracing emerging technologies. Engineers must also consider ethical implications and prioritize social and environmental sustainability in their work.

The field of engineering offers abundant opportunities for those passionate about making a positive impact on society and shaping the future. Despite the ever-evolving landscape of technology and the complex ethical dilemmas role of engineers remains crucial in driving innovation and progress.

THE BEAUTY OF IMPERMANENCE

Prachi Arora (XIA)



The world was shaken
But we refused to be broken
Learning, growing, thriving.

In a world of change
We found new ways to connect
Learning from afar.

A new world order Society shifts and changes We learn and adapt.

A single action

Can change the course of your life

Choose wisely, my friend.

Every choice we make Has a consequence in time Choose your path with care.

Before you decide Take a step back and reflect Then choose with your heart.

Regret fills my heart
As I look back at my choice
I wish I could change.

Accept what you choose And embrace the path you're on Find peace in your heart.

Life is ever-changing, accepting reality Brings peace to the soul.

ENGLISH

THE ORCHID

Jasmine Gora (VII B)

One day I saw a flower shop
I tried to get past it
But the smell pulled me and I stopped
I asked for some orchid

But that man wanted money before the flower
With what I learned from my mother
I went took the watering can and gave that man a shower
I learned never give money before, but further

My mother was proud I knew
But that small dwarf looking man agreed
Judging of my height
I knew I knew I should have gotten the Lily

LET'S TWIST OUR TONGUES

KAASHVI BHAYANA (IX C)

- How much wood would a woodchuck chuck if a woodchuck could chuck wood?
- How can a clam cram in a clean cream can?
- Susie works in a shoeshine shop. Where she shines she sits, and where she sits she shines.
- Fuzzy Wuzzy was a bear. Fuzzy Wuzzy had no hair.
 Fuzzy Wuzzy wasn't fuzzy, was he?
- · A big black bear sat on a big black rug.
- I slit the sheet, the sheet I slit, and on the slitted sheet I sit.
- · Lesser leather never weathered wetter weather better.

RIGHT TO LIFE

Saundhi Aggarwal (XIA)

In these troubled times
when all our morals and values are under attack,
There is one struggle we all must share
for those who cannot fight back.

I speak of the unborn child no more oppressed; minority can there be!

Why is he denied his one basic right On earth, "the land of free"?

Some say it's matter of free will, others say it's an individual choice, I say that all who care must speak out for those who have no voice.

> The taking of a human life Brings shame upon us all The murder of our children Is a crime we must outlaw.

So If we raise our voices
For the cause in which we strive,
We can prevent this slaughter,
And protect our right of life!



FEARS OF MY LIFE

Khushi Kaushik (XII D)

I feel afraid and frightened.
I feel my life would never brighten.
I feel like I have died.
I feel like I have never tried.
I feel like I am lost.

I feel like I am forgotten by the host.

I feel like life is rough.

I feel like I am not tough.

I feel like that all day long.

I fear that no one will ever be along.

 $\label{eq:Fear} \textbf{Fear is just something in the mind.}$

Life will be alright, just give it some time. Brave is the one who conquers the fear, not the one who doesn't fear.

ENGLISH

TROOPS

Bhargavi Sharma (XI A)

Can you win a war, all odds defied?

Can you live far away from your loved ones?
Wake up not to birds but the recoil of guns?

Can you solemply salute the flag, And then spend the day in a drag?

Disrespect is seldom tolerated by me, But disrespect for troops is intolerable to me truly.

Respect the soil
<u>In which these</u> brave souls are born,

MOTHER'S LOVE

Simran Lamba (XII C)

In the depths of love, a guiding light,
A beacon of strength, forever bright.
With arms that cradle, and words that heal,
A mother's love, eternal and real.

In gentle whispers, a lullaby sings, She nurtures dreams on fragile wings. Through sleepless nights and weary days, Her selfless devotion never sways.

Her touch, a balm on wounds unseen, A shelter in storms, a fortress serene. She weaves a tapestry of tender care, with each gentle stroke, banishing despair.

In her eyes, a reflection of purest grace, A love that transcends time and space. Her heart, an ocean, deep and wide, Embracing all, with arms open wide.

She holds our secrets, our hopes, and fears,
Through laughter, through pain, throughout the years.
Her sacrifices, silent and profound,
A mother's love, a treasure to be found.

MY FATHER

Akshita (XII C)

The word "father" has beauty in itself, The word "father" has great meaning in itself. So now you imagine how great and pure he is! The one who protects me from this cruel world, The one who taught me how to fight with this world full of curse and always ready to temp to hurt. I don't know why but I can do anything to make him happy, To see that huge pretty smile on his face. The bond between us makes me feel that I will never go wrong and lose his trust. I feel a little shy to express My feelings to him, but it's only him who stands by me and asks me everything under this beautiful sky and tells me something new. If I get a choice between him and my life, I'll choose him as my life starts and ends between his arms and sparkling eyes. At last I want to thank you for everything



BEING ALONE

Manya Madan (XII D)

The hardest part is 'being alone',
And swallowing the silence
that echoes from your own chaos!
It's funny how loud a
tortured mind can be.
Thoughts become so high,
and bounce off your mind.
And then shatters down,
the silence you sitting!

ENGLISH

FIRST WEIGH, THEN SAY (AUSTERITY OF SPEECH)

Udyan Chawla (XII-D)



Every person wants to hear words that are sweet and sensible. Nobody likes to listen to words that are harsh, derogatory, loud and nonsensical in tone and terror. But while all of us do know this planned truth, seldom we exercise proper care to choose and use appropriate words which creates a positive impact and a healthy impression on the mind of a listener. On the contrary most of the time we are inclined to chatter, gabble and gossip aimlessly or talk harsh words without any thought and restraint, which benefits none but hurts somebody for sure! It has aptly been said that a man is judged by what he speaks.

Lord Shri Krishna while sermonizing on the subject of 'Austerity' explains to Arjun in the 'Bhagwat Gita' that austerity of speech means using words that are pleasing, meaningful, truthful, beneficial and not agitating to the others.

We should never indulge in and waste our time and energy in gossip and idle talk but speak only when necessary that too in brief to the point and focused. Above all we should talk sense and choose our words such that we do not scare, threaten, ridicule, put fear or evoke negative reactions towards us in others.

Let the words be few, and meaningful and pleasing to the ears.

" words are like leaves
where these most abound;
Much of the fruit of sense beneath,
is rarely found ."
God has given one mouth and two ears
so that we talk less and listen more!
Blessed are those who practise austerity of speech.



MIND'S CHATTER

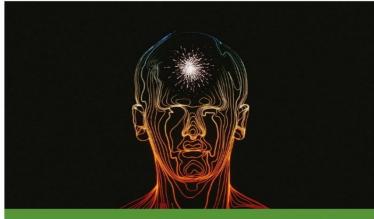
Vanshika Singh (XII C)



My mind's chatter won't stop, no matter how hard I try; It is so used to thinking that sometimes it makes me cry.

I speak with a stutter,
but my thoughts don't;
I tell myself it will stop, knowing that it won't.
Sometimes all I want to do is escape;
but deep inside I know that I can't run away.
I mask my feelings by putting on a superficial smile,
to the point it is not a habit but a lifestyle.
Hopefully, one day, the chaos in my mind
will come to an end,

and all the detrimental thoughts will start to descend.



GOLDEN TEMPLE

Mishka Arora (XII D)



As we walk towards the Sri Darbar Sahib Temple to pray, The golden sunshine falls upon us and assures us that everything will be okay.

You feel a new you,

a truly calmer and faithfully blessed ray,

No matter who you are, the gates of God are open for all in unity and blissful bay.

A glimpse of spirituality lives in every person you see, and hope in eyes that preaching will provide peace.

One can see a reflection of his mind and heart,

by looking at the holy lake;

The air purifies your soul,

the food serves devotional love in the hot testing May. As I leave I carry the peace and calm that the god has provided me, making a vow that I'll assist everyone Wholeheartedly!

[Introspection of your own thoughts, is the only way!]

ENGLISH

TIGER THE FEROCIOUS BEAST

DAKSH KHANNA (X A)

>>>

Looking at his ferocious wild teeth
With blood stains of his prey
He got the flesh underneath
The tiger shouldn't attack him to make him his last prey
Even the tiger also pray for the same when we shoot him
He just run as far as he wins
That's why he is called the king

His roar fears the jungle
Everyone gets scared
The tiger treats blood like water for his gargle
His food was never ever shared

But the hunter stood there, fearless and bold
With his gun aimed straight and true
He knew the tiger was strong and bold
But he had a job to do

For the hunter, it was just another day
In the wilds, doing what he knows best
But for the tiger, it was life or death, they say
In a battle that would put him to the test

As the hunter took aim, the tiger roared
A sound that shook the earth and sky
But the hunter stood firm, his resolve unflawed
And with a single shot, the tiger died

Now the hunter stands alone in the wild
With no prey left to hunt or kill
For he knows that nature is not just a child
And that every creature has its own will.

PASSION

ITI BANSAL (IX C)

To achieve something great in the world you need Passion To fulfill vision, a great leader's courage comes from Passion

Whatever it may be, you must find your Passion If passion drives you, let reason hold the reins Follow your passion and success will follow you!

Never underestimate the power of passion
Without passion religion is spiritless
Without Passion history is meaningless
Without Passion art is useless
Follow your passion and success will follow you!

When you take up a mission with passion
There are no dreams too large
No innovation unimaginable
No frontiers beyond reach
Follow your passion and success will follow you!

Our passions are the winds that propel our vessel
Our reason is the pilot that steers her
Without winds the vessel would not move
Without a pilot she would be lost
Follow your passion and success will follow you!

There is no end and there is no beginning
There is only the passion of life
Passion is universal humanity
Passion is the genesis of genius
Follow your passion and success will follow you!

TREES-OUR SAVIOURS

TARANA KIMTANI (IX C)



Trees are the kindest things I know, They do no harm, they simply grow And spread a shade for sleepy cows, And gather birds among their bows.

They give us fruit in leaves above, And wood to make our houses of, And leaves to burn on Halloween And in the Spring new buds of green.

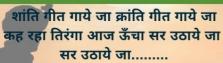
They are first when day's begun
To tough the beams of morning sun,
They are the last to hold the light
When evening changes into night.

And when a moon floats on the sky
They hum a drowsy lullaby
Of sleepy children long ago...
Trees are the kindest things I know.

HINDI

देश भक्ति

Kishti Jain (XII C)



रंग धर्म जाति भेद भर रहे हैं मन में भेद बंधनों को तोड़ कर एकता को लाये जा सर उठाये जा.....

युद्ध की घटाएं घोर छा रही हैं चारो और शान्ति की हवाएं बन बदलियां उठाये जा सर उठाये जा......

विश्व का भविष्य आज नौजवान तेरे हाथ प्रेम का प्रकाश को विश्व में फैलाए जा सर उठाये जा......



जब तक चलेंगी ज़िंदगी की साँसें कहीं प्यार कहीं टकराव मिलेगा कहीं बनेंगे संबंध अंतर्मन से तो कहीं आत्मीयता का अभाव मिलेगा कहीं मिलेंगी ज़िंदगी में प्रशंसा तो कहीं नारज़िंगयों का बहाव मिलेगा कहीं मिलेंगी सच्चे मन से दुआ तो कहीं भावनाओं में दुर्भाव मिलेगा कहीं बनेंगे पराए रिश्ते भी अपने तो कहीं अपनों से ही खिंचाव मिलेगा

वन्दना

सुहानी (सातवीं स)

ॐ असतो मा सद्गमय।
तमसो मा ज्योतिर्गमय।
मृत्योर्मामृतं गमय ।
हे प्रभु! हमें असत्य से सत्य की ओर ले चलो।
अंधकार से प्रकाश की ओर ले चलो।
मृत्यु से अमरत्व की ओर ले चलो
सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः
सर्वे भद्राणि पश्यन्तु मा कश्चित् दुःख भाग्भवेत्
सभी सुखी हों, सभी निरोगी रहें।
सभी कल्याण देखें और किसी को भी दख का भागी न होना पडे।

क्या पुस्तकें हमें जीवन जीने की कला सिखाती हैं?

Daksh Goel (XIA)



भारत ज्ञान ििपासुदेश है। यहााँअनेक पशक्षा के न्द्र हैं, तथा यहााँ ऐसा ज्ञान प्रदान पकया जाता हैजो मनुष्य का पिस्तार करता है। रितुआज के समय मेंकई स्थानोंरि पकताबी ज्ञान िर अपिक जोर पदया जाता है। इस कोरेज्ञान को सेपकसी को लाभ नहीं होता तथा जिीन मेंपिकास भी नहींहो िाता । पकताबी ज्ञान लेना ज़रूरी तो

हिरन्तुउसके साथ- साथ चीज़ोंको समझना और नई चीज़ों के बारेमेंजानना भी जरूरी है। पशक्षा तथा िढाई मेंगहरा अंतर है। ढिाई तो के िल चीज़ोंको याद रखना तथा उनको िढनेकी पिया है। िरन्तुपशक्षा मेंढिाई तथा गुणों के ग्रहण, दोनोंरि ही ज़ोर देती है। पशक्षा प्राप्ति सेहमारा ज्ञान और चररत्र दोनों साँरितेहैं। इसी की मदद सेहमारा अनुभि बढता हैतथा हमेंजीन जीनेका उपचत मागग पमलता है। पकताबी ज्ञान एक सीमा तक तो हमेंसहायता देता हिरन्तुह अके

लियागि नहींहैअतः िुस्तकें हमेंजिन जीनेकी कला पसखाती हैंरिन्तुएक सीमा तक ।

रूसी-यूक्रेनी युद्धः यूरोप के दिल में एक जटिल संघर्ष

Neev Mittal (XIA)

रूस और यूक्रेन के बीच संघर्ष यूरोप में सबसे जटिल और परिणामी संघर्षों में से एक है। यह 2014 में यूक्रेन के समर्थक रूसी राष्ट्रपति विक्टर Yanukovych को सत्ता से बेदखल करने के बाद शुरू हुआ, जिससे क्रीमिया प्रायद्वीप और यूक्रेन के पूर्वी क्षेत्रों में रूसी राष्ट्रवादी भावना का उदय हुआ। संघर्ष ने 13,000 से अधिक लोगों के जीवन का दावा किया है और पूर्वी यूरोप में क्षेत्रीय राजनीति को बाधित कर दिया है।

युद्ध की जड़ें रूस और यूक्रेन के बीच ऐतिहासिक तनावों में हैं, जो सिदयों पुराने हैं। कभी पूर्व सोवियत संघ का हिस्सा रहे यूक्रेन ने 1991 में स्वतंत्रता प्राप्त कीतब से, देश जातीय, भाषाई और सांस्कृतिक विभाजन सहित राष्ट्र-निर्माण की चुनौतियों से जूझ रहा है। 2014 में, रूस समर्थक समर्थकों और पश्चिम के साथ घनिष्ठ संबंधों के पक्षधर लोगों के बीच बढ़ते तनाव के साथ यूक्रेन में राजनीतिक संकट गहरा गया।

विरोध प्रदर्शनों की एक श्रृंखला के साथ शुरू हुआ जो हिंसक हो गया, जिसके कारण 2014 में रूस द्वारा क्रीमिया पर कब्जा कर लिया गया। क्रीमिया, जो कभी यूक्रेन का हिस्सा था, को जातीय रूसियों की एक

HINDI / SANSKRIT

महत्वपूर्ण आबादी माना जाता था, जिन्हें नई सरकार के तहत हाशिए पर जाने का डर था। कीव में। क्रीमिया के विलय ने रूस के खिलाफ अंतरराष्ट्रीय निंदा और प्रतिबंधों को जन्म दिया।

संघर्ष जल्द ही यूक्रेनी सरकारी बलों और डोनेट्स्क और लुहांस्क में सिक्रय रूसी समर्थित अलगाववादी समूहों के बीच पूर्ण पैमाने पर युद्ध में बदल गया। रूस अलगाववादियों का समर्थन करने से इनकार करता है, लेकिन सबूत अन्यथा सुझाव देते हैं। संघर्ष को व्यापक मानवाधिकारों के हनन और नागरिकों के खिलाफ किए गए युद्ध अपराधों के साथ चिह्नित किया गया है, जिसमें यूक्रेनी राष्ट्रवादियों की जातीय सफाई भी शामिल है। संकट ने रूस और पश्चिम के बीच आर्थिक प्रतिबंधों और कूटनीतिक चुनौतियों को भी जन्म दिया है।

युद्ध का क्षेत्रीय सुरक्षा पर दूरगामी प्रभाव पड़ता है। संघर्ष अंतरराष्ट्रीय मानदंडों के लचीलेपन और अंतरराष्ट्रीय संस्थानों की विश्वसनीयता की परीक्षा है। यह आधुनिक युद्ध की जटिलताओं और कूटनीति और संघर्ष समाधान तंत्र के महत्व पर प्रकाश डालता है। यह शीत युद्ध के बाद के आदेश को चुनौती देता है और क्षेत्रीय अखंडता और आत्मनिर्णय के सिद्धांतों पर सवाल उठाता है। इसके अलावा, संकट ने विस्थापन और जीवन और संपत्ति के विनाश के साथ एक मानवीय तबाही पैदा की है।

अंत में, रूसी-यूक्रेनी युद्ध एक जिटल संघर्ष है जिसमें एक एकीकृत दृष्टिकोण की आवश्यकता होती है जिसमें राजनीतिक कूटनीति और आर्थिक सुधार शामिल हैं। संघर्ष अंतरराष्ट्रीय व्यवस्था की कमजोरियों को उजागर करता है और विवादों को सुलझाने में खुली बातचीत के महत्व को रेखांकित करता है। संघर्ष क्षेत्रों में मानवाधिकारों की रक्षा के तरीके खोजना, गलत कामों के लिए जवाबदेही तय करना और लोकतंत्र और शांति के मूल्यों को बढ़ावा देना आवश्यक है। अंततः, यूक्रेन में संघर्ष का समाधान खोजना यूरोप में क्षेत्रीय स्थिरता और शांति के लिए आवश्यक है।

सूक्तय:

वैष्णवी (आठवीं ब)

अति सर्वत्र वर्जयेत्। अजीर्णे भोजनं विषम्। अविद्यः जीवनं शून्यम्। अशीलम् कस्य भूतये। आज्ञा गुरूणां ह्यविचारणीया।

पञ्चतन्त्रम् हितोपदेशः किरातार्जुनीयम् कथासरित्सागरः रघुवंशम्

सुभाषितानि

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सुभाषित: उद्यमेनैव हि सिध्यन्ति,कार्याणि न मनोरथै। न हि सुप्तस्य सिंहस्य,प्रविशन्ति मृगाः॥

अर्थ: प्रयत्न करने से ही कार्य पूर्ण होते हैं, केवल इच्छा करने से नहीं, सोते हुए शेर के मुख में मृग स्वयं प्रवेश नहीं करते हैं।

सुभाषितः चिता चिंता समाप्रोक्ता बिंदुमात्रं विशेषता। सजीवं दहते चिंता निर्जीवं दहते चिता ॥

अर्थ: चिता और चिंता समान कही गयी हैं पर उसमें भी चिंता में एक बिंदु की विशेषता है; चिता तो मरे हुए को ही जलाती है पर चिंता जीवित व्यक्ति को मार देती है।

सुभाषितः अयं निजः परो वेति गणना लघुचेतसाम्। उदारचरितानां तु वसुधैवकुटम्बकम्॥

अर्थ: यह मेरा है, वह उसका है जैसे विचार केवल संकुचित मस्तिष्क वाले लोग ही सोचते हैं। विस्तृत मस्तिष्क वाले लोगों के विचार से तो वसुधा एक कुटुम्ब है।

सुभाषित: गते शोको न कर्तव्यो भविष्यं नैव चिन्तयेत् । वर्तमानेन कालेन वर्तयन्ति विचक्षणाः॥

अर्थ: बीते हुए समय का शोक नहीं करना चाहिए और भविष्य के लिए परेशान नहीं होना चाहिए, बुद्धिमान तो वर्तमान में ही कार्य करते हैं।

सुभाषित: मूर्खस्य पञ्च चिह्नानि गर्वो दुर्वचनं मुखे । हठी चैव विषादी च परोक्तं नैव मन्यते ॥

अर्थ: मूर्खों की पांच निशानियां होती हैं, अहंकारी होते हैं, उनके मुंह में हमेशा बुरे शब्द होते हैं,जिद्दी होते हैं, हमेशा बुरी सी शक्ल बनाए रहते हैं और दूसरे की बात कभी नहीं मानते ।

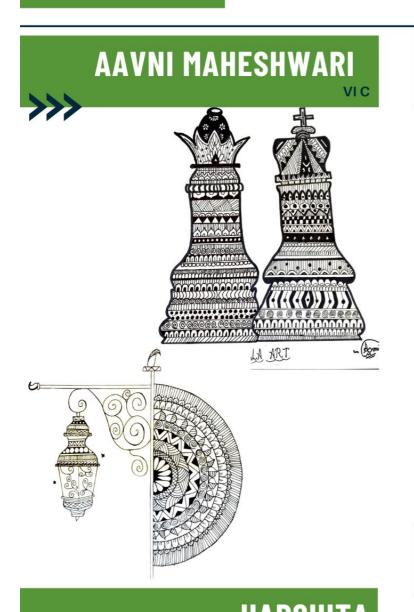
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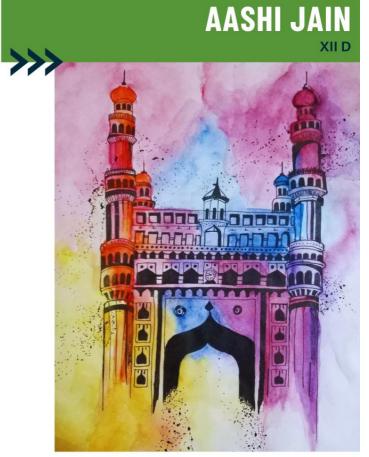
फलनामानि शाकानि आलू आम्रम आम आलु: द्राक्षाफलम् अंगूर रक्ताङ्ग: टमाटर मिर्च कदलीफलम् केला मरीचम दढबीजम जम्बिरम् नींब अमरुद सेब मूली सेवम मूलकम् लीचिका लीची गुञ्जकम गाजर

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HARSHITA



IN THE CREATIVE CORRIDOR



